



UTAH  
Safety™  
COUNCIL

# Safety Notes

April 2016

Volume 16



## MEMBERSHIP MINUTE

by Sadee Pistoia  
Membership Manager

According to OSHA, knowing is half the battle. Here are five interesting facts about OSHA:

1. OSHA has 7 million workplaces to monitor.
2. An average safety inspection takes 22 hours.
3. Including state partners, OSHA has 2,200 inspectors responsible for 130 million workers.
4. 41 Years ago OSHA became an agency of the US Federal Government.
5. President Richard M. Nixon signed the Occupational Safety and Health Act into Law in 1970.

Source: OSHA.gov

## New Website Coming in April!

Our new website has been an ongoing project for us and we are excited to have it go live in April. Our goals are to provide a more user-friendly website where registering for a class would take less time, and make information easier to access and download.

Some highlights include:

- Safety product highlight page
- Scrolling banner featuring upcoming events and programs
- Quick link registration buttons for our most popular courses
- News and events page to share the latest from the Utah Safety Council
- Scrolling list of Contributing and Sustaining members

We encourage you to take a look around and let us know about your experience. If you have any challenges or suggestions, please do not hesitate to contact us at 801.746.SAFE (7233) or email [safety@utahsafetycouncil.org](mailto:safety@utahsafetycouncil.org).

## About Our Staff

Sarah Barrett is our Technology Manager and has been a part of the Utah Safety Council since 2004. In her time here, she has held several different job responsibilities, including membership, marketing, web design, graphic design, information technology, and many more. Sarah is a great asset to our organization and a wonderful resource to our staff and members alike.

Sarah loves spending time with her family, exploring national parks, and visiting Disneyland as much as possible! Feel free to reach out to Sarah at [sbarrett@utahsafetycouncil.org](mailto:sbarrett@utahsafetycouncil.org).



# Distracted Driving Awareness Month

In the 1950s, almost all new cars were installed with car radios. By the end of the decade, a third of America's radio listening occurred in the car. From that time on, drivers became attached to their in-car technology. Ironically, laws that banned technology in vehicles dated back to the 1930s!

Today, distracted driving is rampant on our roadways, killing hundreds and injuring thousands each year. Unfortunately, it is easier than ever to drive distracted. Auto makers are putting more and more technology into our vehicles that allow us to make phone calls, dictate texts or emails, and update social media while we are behind the wheel - all actions that are proven to increase crash risk.



The Utah Safety Council observes April as Distracted Driving Awareness Month to draw attention to this epidemic. Distracted driving is very dangerous, not only for you, but for other drivers on the road. Fortunately, there are several ways to prevent distracted driving and keep yourself and others safe. Here are a few helpful tips:

- Make adjustments to GPS, mirrors, seats, and radios before you get going.
- Don't use cell phones while driving unless in absolute emergencies.
- If something demands your attention, instead of trying to attempt it while driving, pull off the road and stop your vehicle in a safe place.

Let us help you get where you are going safely! For more information, visit [UTAHSAFETYCOUNCIL.ORG](http://UTAHSAFETYCOUNCIL.ORG).



## First Aid, CPR and AED for Business April 15 | 8:00 a.m. - 4:00 p.m.

For more information, or to register, contact **Cassie Henson** at 801.746.SAFE (7233), or email [chenson@utahsafetycouncil.org](mailto:chenson@utahsafetycouncil.org).

## Forklift Trainer Certification



**May 5**  
**8:00 a.m. - 4:00 p.m.**

This one-day course offers instructors the tools necessary to meet OSHA's Powered Industrial Truck requirements for formal instruction, practical training and evaluation every three years.

For more information, or to register, contact **Brooke Wahlquist** at 801.746.SAFE (7233) or email [bwahlquist@utahsafetycouncil.org](mailto:bwahlquist@utahsafetycouncil.org).

## Consulting For You

Need a fresh perspective on your safety program? Our consultants can help! Their expertise will help you answer questions and address critical workplace safety needs.

Consulting services include, but are not limited to:

- Walk-through evaluations
- Customized training programs
- Safety program revisions/audits
- Policy development assistance
- Ergonomic assessments



Smith Optics is one of our member companies who has utilized this service. Here is what they had to say:

*“The Utah Safety Council has helped Smith Optics develop a solid safety training program which is tailored specifically to the needs of our facility. Their assistance was quick yet efficient and provided insight from an outside perspective that was very valuable as far as making sure all our needs were met.”*

To request a quote, contact **Nicala Wood**, Occupational Safety Program Manager at 801.746.SAFE (7233) or email her at [nwood@utahsafetycouncil.org](mailto:nwood@utahsafetycouncil.org).

### Safety Certificate Courses



- Safety Management Techniques: Apr. 5-8
- Safety Inspections: May 3



- Crane and Hoist: Apr. 13
- Hazard Communication with GHS: Apr. 29
- Machine Guarding: May 17



- First Aid, CPR and AED for Business: Apr. 15, May 18
- Workplace Violence Planning & Management: May 2

### Seguridad 101 (Safety 101)

April 26 | 6:00 - 9:00 p.m.  
Cost: \$75

Esta intentando entender el papel de seguridad en su organizacion?

Este curso te ayudara a comprender la importancia de cultura y seguridad, y como afecta a last ganancias de su empresa.

### MSHA News Update:

MSHA 24-Hour Surface and 32-Hour Underground Training now include First Aid, CPR and AED certification.

Beginning April 1<sup>st</sup>, new pricing for these MSHA programs will take effect: 24-Hour Surface Training will be \$275, and 32-Hour Underground Training will be \$375.

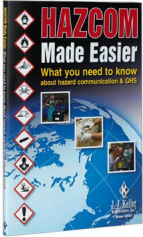


For more information, contact Sara Hernandez at 801.746.SAFE (7233) or email [shernandez@utahsafetycouncil.org](mailto:shernandez@utahsafetycouncil.org).



# Product Picks

## GHS Made Easier Handbook



This handbook gives employees critical HazCom and GHS information to better ensure safety around hazardous chemicals.

Handbook Price: \$7.39

## How do you motivate and encourage your staff?

Let us make your job easy with our "Serious about Safety" mugs.

You can even personalize our incentive mugs with your company logo!



## Give Your Company the Power to Save a Life



**Sudden Cardiac Arrest is the number one cause of death in the United States.**

Prompt External Defibrillation with an Automated External Defibrillator (AED) is the known treatment for Sudden Cardiac Arrest. Is your company prepared?

**Give us a call for pricing information.**

## Be Prepared for a Medical Emergency

### Basic First Aid Kit

Member: \$35 | Non-Member: \$50

### Deluxe First Aid Kit

Member: \$60 | Non-Member: \$75



## NOW AVAILABLE 2016 OSHA Manuals for General or Construction Industry

Product # OSHA1910 (General Industry)  
OSHA1926 (Construction Industry)

**Member: \$35.00** | Non-Member: \$45.00 *\*plus shipping*

Compliance is made easier with these comprehensive manuals. Use the Quick-Find Index in the manual to quickly and easily access the information you need.



## Mini Portable CPR Barrier

This CPR barrier has a one-way valve to prevent cross-contamination from mouth-to-mouth contact or nose-to-mouth contact. Latex free transparent barrier surface; use with adults or children.

\$3.25 each



For more information, or to place an order for any of the products listed above, please give our office a call at 801.746.SAFE (7233) or email [safety@utahsafetycouncil.org](mailto:safety@utahsafetycouncil.org).

# Are you getting the most out of your benefits?

The highlighted classes listed below **could be FREE** based on your membership level! For more information, please contact Sadee at [spistoia@utahsafetycouncil.org](mailto:spistoia@utahsafetycouncil.org) or by calling 801.746.SAFE (7233).

Date	April Courses	Member Discounted Price
April 5	Contractor Safety Orientation (UITC)	\$75
April 5-8	Safety Management Techniques	\$1,200. <sup>50</sup>
April 6-8	MSHA 24-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$275
April 11	MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners	\$75
April 12	Contractor Safety Orientation (UITC)	\$75
April 13	Crane & Hoist: OSHA Compliance Series	\$112
April 15	Emergency Preparedness: Breakfast Safety Seminar ( <i>Two people per seminar</i> )	FREE
April 15	First Aid, CPR and AED for Business	\$63
April 18	MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners	\$75
April 19	Contractor Safety Orientation (UITC)	\$75
April 19	HAZWOPER 8-Hour Refresher Course	\$147
April 20-22	MSHA 24-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$275
April 21-22	OSHA 10-Hour Outreach for General Industry	\$95
April 25	MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners	\$75
April 26	Contractor Safety Orientation (UITC)	\$75
April 26	Seguridad 101	\$75
April 29	Hazard Communication with GHS: OSHA Compliance Series	\$112
Date	May Courses	Member Discounted Price
May 2	Workplace Violence Management and Planning Course	\$52. <sup>50</sup>
May 3	Contractor Safety Orientation (UITC)	\$75
May 3	Safety Inspections	\$252
May 5	Forklift Trainer Certification Course	\$560
May 9	MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners	\$75
May 9-10	OSHA 10-Hour Outreach for the Construction Industry	\$95

Courses held at the Utah Safety Council Training Center, 1574 West 1700 South, Salt Lake City. Register online at [UTAHSAFETYCOUNCIL.ORG](http://UTAHSAFETYCOUNCIL.ORG) or by calling our office at 801.746.SAFE (7233). **See complete course list online.**

## Mark Your Calendars!

Join us on for our 3<sup>rd</sup> Annual **Night Out with the Salt Lake Bees** on August 5<sup>th</sup>. The game starts at 7:05 p.m. More details coming soon.





1574 West 1700 South  
Salt Lake City, UT 84104

### ADDRESS SERVICE REQUESTED

Just a reminder: our mailing address has recently changed (not our location). We're no longer living the "suite" life. See updated address above.



### In This Issue

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### Your Membership Benefits

- Streaming Safety Videos
- Safety Media Library
- Members Only Website
- NETS Membership
- OSHA 10-Hour
- First Aid, CPR and AED for Business Course
- Defensive Driving Live Course
- Member Appreciation Events
- Breakfast Safety Seminars
- Discounts on Occupational Safety Training
- Health & Safety Fair Participation
- Family Safety & Health Magazine
- Monthly Publications and Email Updates
- Annual Awards & Luncheon Banquet
- Membership Recognition on Website
- Exclusive Discounts on Safety Products

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**Register Now!**  
**2nd Annual Crazy Pants Golf Tournament**

Join us May 20th at Thanksgiving Point- and don't forget to wear your **craziest** pants!

Register today at [UTAHSAFETYCOUNCIL.ORG](http://UTAHSAFETYCOUNCIL.ORG)

For **sponsorship** information, contact **Sadee Pistoia** at 801.746.SAFE (7233) or email [spistoia@utahsafetycouncil.org](mailto:spistoia@utahsafetycouncil.org)

Proceeds Benefit the Utah Safety Council's Home & Community Programs