



MEMBERSHIP MINUTE

by Sadee Pistoia
Membership Manager

2015 Annual Meeting and Safety Awards Luncheon

The Utah Safety Council looks forward to seeing you at this year's Annual Meeting and Safety Awards Luncheon. The luncheon will be held on August 21st at the Little America Hotel in Salt Lake City. Applications for awards will be sent out the first part of May. We look forward to seeing all the hard work everyone has put in this last year.

Feel free to contact me with any questions at 801.746.SAFE (7233) EXT 302 or by email at spistoia@utahsafetycouncil.org.

Occupational Heat Exposure

Many people are exposed to heat on the job. Whether outdoors or in hot indoor environments. Operations involving high air temperatures, radiant heat sources, high humidity, direct physical contact with hot objects, or strenuous physical activities have a high potential for causing heat-related illness.

Symptoms

- Cool, moist skin and heavy sweating
- Headache, nausea or vomiting
- Dizziness and light headedness

Treatment

- Have worker sit or lie down in a cool, shady area
- Give worker plenty of water or other cool beverages to drink
- Cool workers with cold compresses/ice packs
- Take to clinic or emergency room for medical evaluation or treatment if signs or symptoms worsen

Source: OSHA.gov

There is Still Time to Register

Look through your closet for that pair of crazy pants and dust off your clubs! The Utah Safety Council's 1st Annual Crazy Pants Golf Tournament is just days away. The tournament will be held at Thanksgiving Point on Thursday, May 14th. It will be a four-man scramble with an 8:30 shotgun start.

In order to guarantee your spot, make sure you register online at UTAHSAFETYCOUNCIL.ORG.

For additional information, please contact Sadee Pistoia, Membership Manager at spistoia@utahsafetycouncil.org or 801.746.SAFE (7233) EXT 302.

Tournament benefitting our Home & Community Programs.



Symptoms of an Insect Sting Allergy

April showers bring May flowers...and dangerous insects.

It's important to understand the symptoms of a severe insect sting allergy. Also known as an anaphylactic reaction, symptoms may include one or more of the following:

- Difficulty breathing
- Hives that appear as a red, itchy rash which can spread beyond the sting
- Swelling of the face, throat, or mouth tissue
- Anxiety
- Rapid drop in blood pressure

Make sure you are prepared with a First Aid Kit. Contact Cassie Henson our Emergency Care Program Manager for more details at 801.746.SAFE (7233) or by email at chenson@utahsafetycouncil.org.

Teach your employees how to treat insect bites properly by becoming a First Aid/CPR Instructor.

Attend our next instructor development course on June 3-5, 2015. *The cost is only \$370 for members, and it includes the instructor kit.*

This instructor training meets OSHA guidelines for First Aid and CPR in the workplace and the latest CPR and Emergency Cardiovascular Care guidelines. Participants will learn methods that involve, influence, and facilitate adult learning while refining their teaching skills.



Applied Ergonomics

New for 2015

May 28-29
Member: \$400

Learn industrial ergonomic risk factors and abatement actions found in most industries such as manufacturing, assembly, warehousing and laboratories.

This course covers:

- The cost-benefit of an ergonomic program
- Types of work-related ergonomic disorders
- Industry-recognized ergonomic assessment tools to quantify workplace risk factors
- Abatement actions to eliminate or reduce ergonomic risk factors



Enroll Online Today!

Defensive Driving Course participants are **8X** less likely to be involved in a traffic collision.

Traffic crashes are the leading cause of death in the workplace.

Defensive Driving is :

- A fast-paced, practical, and highly effective refresher course
- Developed to meet your driver improvement and safety needs
- Taught by certified and experienced instructors

PROTECT YOUR EMPLOYEES!

Schedule an on-site course today!

Contact Jennifer Williams, Traffic Safety Program Manager at 801.746.SAFE EXT 303 or at jwilliams@utahsafetycouncil.org.

Date	May Courses	Member Discounted Price
May 4	Breakfast Safety Seminar: Risk Management New for 2015	FREE**
May 5	MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners	\$75
May 5	Contractor Safety Orientation (UITC)	\$75
May 5-6	OSHA 10-Hour Outreach Course for the Construction Industry	FREE**
May 6-8	MSHA 24-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$250
May 6-9	MSHA 32-Hour Training for New/Inexperienced Underground Miners	\$350
May 7	Machine Guarding: OSHA Compliance Series	\$110
May 8	MSHA 8-Hour Annual Training for Experienced Underground Miners	\$75
May 11	MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners	\$75
May 11-12	Lift Truck Trainer Certification Course	\$920
May 12	Coaching the Emergency Vehicle Instructor Course	\$350
May 15	Qualified Signal Rigger New for 2015	\$200
May 18-21	Safety Management Techniques	\$1,200
May 19	Contractor Safety Orientation (UITC)	\$75
May 20-22	MSHA 24-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$250
May 26	MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners	\$75
May 28-29	Applied Ergonomics New for 2015	\$400

Date	June Courses	Member Discounted Price
June 2	Contractor Safety Orientation (UITC)	\$75
June 3-5	First Aid, CPR and AED Instructor Course	\$370
June 3-5	MSHA 24-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$250
June 8	MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners	\$75
June 9	Contractor Safety Orientation (UITC)	\$75
June 10	First Aid, CPR and AED for Business	FREE**
June 11	HAZWOPER 8-Hour Refresher Course	\$145
June 12	Breakfast Safety Seminar: Controlling Workers Compensations Costs New for 2015	FREE**

Courses held at the Utah Safety Council Training Center, 1574 West 1700 South, Salt Lake City. Register online at UTAHSAFETYCOUNCIL.ORG or by calling our office at 801.746.SAFE (7233).

**As part of the Utah Safety Council member benefits, more details found online.

BUCKLE 4

a Utah Safety Council program

Motor vehicle crashes are the **#1 cause of death** to children in the United States

Child safety seats can reduce fatal injury by up to **71%** for infants

and **54%** for toddlers

If you observe an unrestrained child in a moving motor vehicle, call

800.887.KIDS

with the following information:

- Utah license plate number
- Vehicle description
- Date and time
- Location
- Description of the incident

Buckle Up For Love will send the vehicle owner educational materials on the importance of car seats and how to use them properly.





1574 West 1700 South, Suite 2A
Salt Lake City, UT 84104

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Your Membership Benefits

- Members Only Website
- Safety Media Library
- Streaming Safety Videos
- Member Appreciation Events
- Free Training
 - First Aid, CPR and AED for Business Course (**\$70 value**)
 - Monthly Breakfast Safety Seminars (**\$60 value**)
 - OSHA 10-Hour Outreach Course: either general industry or construction (**\$200 value**)
 - Safety Management Systems: Strategies for Business (**\$160 Value**)
- Discounts on Safety Training
- Discounted Consulting Services
- Exclusive Discounts on Safety Products

UTAHSAFETYCOUNCIL.ORG
801.746.SAFE (7233)

Celebrate National Safety Month With Us!

2nd Annual Utah Safety Council Night with the Bees June 26th

First pitch is at 7:05 p.m.

The first 2,500 attendee will receive an adult size batting helmet.
Look for more information on discounted tickets in coming weeks.