

# Safety Notes

### **MEMBERSHIP MINUTE**

Mark your calendars for November 10th! We are having a membership appreciation event at the Utah Safety Council office.

The event will run from 11:00 a.m. to 2:00 p.m. We will introduce our **NEW** benefits and new Workplace Violence Planning & Management course- in addition to providing a delicious BBQ lunch.

This will be a fun and educational event, don't miss out! Register online at UTAHSAFETYCOUNCIL. ORG.

For additional details, please feel free to contact me at 801.746. SAFE (7233) EXT. 302, or email spistoia@utahsafetycouncil.org.

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# New Membership Benefits

Thank you for being a member of the Utah Safety Council and supporting our mission to save lives by promoting safety and health through education, services, and products.

We are excited to announce an update to our membership benefits that will provide you with additional value, resources, and opportunities to enhance your involvement with the Utah Safety Council.

### **New** for General Membership

Defensive Driving (1 attendee)

### **New** for Contributing Membership

OSHA 10-Hour (1 additional attendee)

Safety Management Systems- Strategies for Business (2 attendees) Workplace Violence Training (2 attendees)

Member recognition on website (company name with logo and link) Business-to-business communication on website

### **New** for Sustaining Membership

Workplace Violence Training (2 additional attendees)

Member recognition on website

(company name with logo and link and product information) Consulting (2-hour walk through/review)

(1 visit within a 100 mile radius of the Utah Safety Council Office)

We invite you to take a closer look at the Utah Safety Council and see how you can utilize our services to meet your safety needs. For additional information or questions, please contact **Sadee**, our Membership Manager, at 801.746.**SAFE** (7233).



# If a Heart Stops Beating, Are You Prepared to Save a Life?

Come to our FREE breakfast seminar to see how an AED can help protect your employees.

Join us Friday October 23, 2015 at 8 a.m. to learn more about the benefits of having an AED in the workplace.

Sudden cardiac arrest is not a heart attack and does not discriminate. Here are a few quick facts:

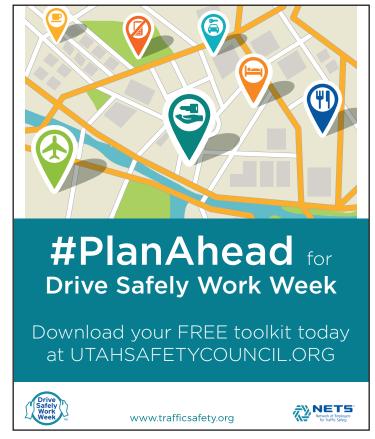
- Sudden cardiac arrest is ventricular fibrillation, a disturbance of the electrical activity in the heart, where the lower chambers lose their synchronization.
- Sudden cardiac arrest kills around 450 Americans each day.
- Death can occur within 10 minutes, unless someone intervenes quickly with CPR and an Automatic External Defibrillator (AED).



Register for this seminar on our website: UTAHSAFETYCOUNCIL.ORG. Discounted packages will be available for seminar participants.

To learn more, contact **Cassie Henson**, Emergency Care Program Manager, at 801.746.**SAFE** (7233) EXT. **307** or email **chenson**@utahsafetycouncil.org.









# Drive Safely Work Week 2015

**Did you know?** The most dangerous part of the workday for any employee is the time they spend in their vehicle. A motor vehicle crash occurs in Utah every 9 minutes, a person is injured in a crash every 23 minutes, and a person dies in a crash every 39.5 hours.

Drive Safely Work Week (DSWW) is an annual week devoted to improving the safety and health of the nation's workforce by promoting safe driving practices at their place of business. This year's campaign will be held on October 5-9, 2015. The theme this year is #PlanAhead, Your Key to Driving Safely.



Planning is critical to safe driving. The Network of Employers for Traffic Safety (NETS) has launched a free comprehensive online toolkit to help employers plan ahead for Drive Safely Work Week. To access these free resources, go to **UTAHSAFETYCOUNCIL.ORG**.

### **Safety Certificate Courses**



- Fire Extinguisher Training: Oct. 13
- Office Ergonomics: Oct. 15
- First Aid, CPR and AED for Business: Oct. 19



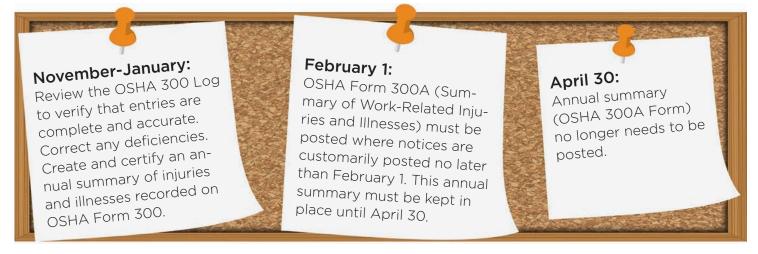
- Fall Protection/Walking Working Surfaces: Oct. 21
- Electrical Safety: Nov. 9
- OSHA 10-Hour Outreach Course for the Construction Industry: Nov. 12-13



- Incident Investigation: Nov. 5
- Fundamentals of Industrial Hygiene: Nov. 17-20

# November 17-20 8 a.m. - 5 p.m. Member: \$1200 | Non-Member: \$1650 Understand the concepts of anticipating, recognizing, evaluating and controlling industrial hygiene hazards that your employees may face.

# OSHA Recordkeeping Timetable







### About Our Staff

Daniela (Dani) Thomson has been with the Utah Safety Council since April 2014. As a Program Coordinator, she assists with our Defensive Driving programs including DDC-4 and Alive at 25, as well as scheduling training for Sinclair refinery programs.

Dani has a passion for living healthy and loves spending time with her family. She is always the first to help in any situation and willing to support customers when they call or come into our office. Her outgoing attitude and bright smile make her an office favorite!

Dani is very excited to work with all of our members. If you would like to contact her, you can do so via email at **dthomson**@utahsafetycouncil.org or by phone at 801.746.**SAFE** (7233) EXT. **315**.



### Product Picks

### How do you motivate and encourage your staff?

Let us make your job easy with our "Serious about Safety" mugs.

You can even personalize our incentive mugs with your company logo!

Contact **Sadee** for more information at **spistoia**@utahsafetycouncil.org or by phone at 801.746.**SAFE** (7233) EXT. **302**.



### Slips, Trips and Falls Prevention Training

Protect yourself and your employees from the second leading cause of unintentional injuries.

What you will learn:

- The impact of slips, trips, and falls in the workplace
- The three components of effective slip, trip and fall prevention
- How to assess key areas in an organization that contain slip, trip and fall hazards
- Three types of evaluations
- How individuals can prevent slips, trips and falls
- How to select and recommend appropriate footwear

Member Price: \$175 | Non-Member Price: \$210

To order, contact Brooke Wahlquist at 801.746.SAFE (7233) EXT. 304.







| Safety Notes  |  | October 2015  | Volume 10   |
|---------------|--|---------------|-------------|
| Date          | October Courses  | Member Disco  | ınted Price |
| October 1-2   | OSHA 10-Hour Outreach for General Industry                                 |               | FREE**      |
| October 6     | Contractor Safety Orientation (UITC)                                       |               | \$75        |
| October 6-9   | Principles of Occupational Safety & Health                                 |               | \$1,200     |
| October 7-9   | MSHA 24-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miner  | rs .          | \$250       |
| October 12    | MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miner  | S             | \$75        |
| October 13    | Fire Extinguisher Training   New for 2015                                  |               | \$45        |
| October 15    | Office Ergonomics   New for 2015   |               | \$100       |
| October 19    | First Aid, CPR and AED for Business  |               | FREE**      |
| October 20    | Contractor Safety Orientation (UITC)                                       |               | \$75        |
| October 21    | Fall Protection/ Walking Working Surfaces: OSHA Compliance Series          |               | \$110       |
| October 21-23 | MSHA 24-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miner  | S             | \$250       |
| October 23    | AED Breakfast Seminar  |               | FREE**      |
| October 26    | MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miner  | S             | \$75        |
| October 27    | Contractor Safety Orientation (UITC)                                       |               | \$75        |
| October 28    | Breakfast Safety Seminar: Working Safely with Chemicals   New for 2015     |               | FREE**      |
| October 29    | HAZWOPER 8-Hour Refresher Course   New for 2015                            |               | \$145       |
| Date          | November Courses   | Member Discou | inted Price |
| November 3    | Contractor Safety Orientation (UITC)                                       |               | \$75        |
| November 4-6  | MSHA 24-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miner  | S             | \$250       |
| November 4-7  | MSHA 32-Hour Training for New/Inexperienced Underground Miners             |               | \$350       |
| November 5    | Incident Investigation: A Management Approach                              |               | \$250       |
| November 6    | MSHA 8-Hour Annual Training for Experienced Underground Miners             |               | \$75        |
| November 9    | Electrical Safety: OSHA Compliance Series                                  |               | \$110       |
| November 9    | MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners | S             | \$75        |
| November 10   | Member Appreciation BBQ  |               | FREE**      |

Courses held at the Utah Safety Council Training Center, 1574 West 1700 South, Salt Lake City. Register online at UTAHSAFETYCOUNCIL.ORG or by calling our office at 801.746.**SAFE** (7233).

# 32<sup>nd</sup> Annual Utah Conference on Safety and Industrial Hygiene



Join us on October 14<sup>th</sup>-16<sup>th</sup> for the 32<sup>nd</sup> Annual Utah Conference on Safety and Industrial Hygiene. This conference will be held at the University of Utah A. Ray Olpin Union Building, Salt Lake City, Utah.

This annual conference is designed to provide a forum for the exchange of information and ideas related to environmental health and safety issues that affect the workplace, general environment and community.

This conference is sponsored by the Rocky Mountain Center for Occupational & Environmental Health in conjunction with the Utah Safety Council, the Utah Chapter of the American Society of Safety Engineers, and the Utah Section of the American Industrial Hygiene Association.

For more information, call 801.581.4055. Register online at https://umarket.utah.edu/um2/rmcoeh.

<sup>\*\*</sup>As part of the Utah Safety Council member benefits, more details found online.



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### ADDRESS SERVICE REQUESTED



### In This Issue

- Membership Minute
- New Membership Benefits
- If a Heart Stops Beating, Are You Prepared to Save a Life?
- Drive Safely Work Week 2015
- Upcoming Training Courses
- 32<sup>nd</sup> Annual Utah Conference on Safety and Industrial Hygiene
- About Our Staff

### **Your Membership Benefits**

- Streaming Safety Videos
- Safety Media Library
- Members Only Website
- NETS Membership
- OSHA 10-Hour
- First Aid, CPR and AED for Business Course
- Defensive Driving Live Course
- Member Appreciation Events
- Breakfast Safety Seminars
- Discounts on Occupational Safety Training
- Health & Safety Fair Participation
- Family Safety & Health Magazine
- Monthly Publications and Email Updates
- Annual Awards & Luncheon Banquet
- Membership Recognition on Website
- Exclusive Discounts on Safey Products



