



## MEMBERSHIP MINUTE

by Sadee Pistoia  
Membership Manager

### Do you have your CRAZY PANTS?

We have ours and we are excited for our 4th annual CRAZY PANTS golf tournament!

Proceeds from the event will benefit our Home & Community Programs including Take Safety Home and Buckle Up 4 Love.

The tournament will be held in June this year, watch for more details.

Sponsorship opportunities are available

You won't want to miss this one!

Contact our office for more details 801.746.SAFE (7233)

## Utah Safety Conference & Expo Update

We are counting down the days to the 2018 Utah Safety Conference & Expo at the Mountain America Expo Center (formerly the South Towne Expo Center) on March 5th and 6th.

This second annual conference will again feature over 40 breakout sessions, keynote speakers, networking breakfasts and luncheons, and an expo that will highlight the latest in safety products and services.

### Breakout Topics Include:

- Return to Work
- Q&A with UOSH (Utah Occupational Safety and Health)
- Onboarding Employees for Safety
- Mountain West OSHA Tech Center
- Recognition, Discipline, Attention
- Ten Feet Tall and Bullet Proof
- Upgrade Your People Skills
- Safety Crocodiles
- Proper Use and Care of Work Trailers
- Building a Lasting Safety Culture
- Fatigued Driving
- Near Miss Program
- Improving Safety Meetings with Games
- The Truth about Hand and Eye Safety
- Changing the Safety Professional
- Putting Your Own Back, Back In
- Hearing Conservation
- Journey to Safety Excellence
- Operation Lifesaver
- The Power of Positive Feedback
- Eye Safety Standards - ANZI/ISEA Z87.1+2015
- They Made You a Safety Manager, Now What?
- Safety as a Currency Instead of a Cost
- Social Media Investigation Simplified
- Safe Scaffold Access-Compliant User Training

We still have exhibitor spots available and a few sponsorship opportunities, Please check out our website ([UTAHSAFETYCOUNCIL.ORG](http://UTAHSAFETYCOUNCIL.ORG)) for additional information and to register for the conference.

We look forward to seeing you there!

# Love Your Valentine? Have a Healthy Heart!



Although the month of February is mostly known for its Valentine holiday, it is also known as American Heart Month, the month for us to refocus on what's healthy for our hearts and over all health, especially after those holiday months full of sweets and binge eating!

Listed below are some healthy, but still romantic tips we've come up with for you this Valentine holiday:

1. Quality time is one of the most meaningful gifts. Instead of buying your valentine expensive chocolates, bundle up for a day of sledding, skiing, or building a snowman!
2. Give to one another by giving back. Ask your date to volunteer with you at a local organization. It's a fantastic opportunity for laughs, happy memories, and reducing stress which is harmful for your heart.
3. Sharing is caring - let's face it, sometimes a romantic dinner is just unavoidable. Try ordering one entrée to share. Most restaurants servings are enough for two.

The healthier your heart is, the longer you will be able to stay with your loved ones.

For more information on this, or other First Aid, CPR, and AED safety and training topics, contact Kiu Tong, Emergency Care Program Manager at 801.746.SAFE (7233) Ext 307 or email at ktong@utahsafetycouncil.org.

## Help Your Employees Take Safety Home

The Utah Safety Council is now offering **FREE** Take Safety Home posters

**Request Yours Today!**



Contact Veronica Kitchens, Home and Community Program Manager, at 801.746.7233 ext. 312



## Defensive Driving Courses



*Did you know...*

the Utah Safety Council offers the only state approved defensive driving courses for point reduction.

Visit [UTAHSAFETYCOUNCIL.ORG](http://UTAHSAFETYCOUNCIL.ORG) to sign up for the **Defensive Driving** course (25 or older) and **Alive at 25** course (under 25)



# Does Your Electrical Safety Program Need a Refresh?

In the electrical industry, there is little room for error. A commitment to safety protocols can mean the difference between life and death, especially when working with equipment carrying voltage, current or potentially exposed wires.

To allow for continuous improvement, it is advised electrical professionals closely follow the most recent guidelines set forth by the National Fire Protection Association (NFPA) article 70E: Standards for Electrical Safety in the Workplace. The NFPA has just released an updated version of its electrical safety standards.

NFPA 70E is a "how to comply" standard for OSHA 1910 Subpart S and OSHA 1926 Subpart K.

A few changes that were implemented in the 2018 NFPA 70E manual:

- **Electrical Safety** - Added focus to identifying hazards and reducing the risk
- **Changes in Planning for Job Safety** - including completion by a qualified person, documentation and more.
- **Changes in Risk Assessments** - Added emphasis on the estimate of likelihood and severity
- **Changes to Personal Protective Equipment** - addresses conformity assessment and marking requirements

It is crucial for employees to understand and closely follow the guidelines set forth by NFPA 70E. The Utah Safety Council has a 4-hour training on NFPA 70E: Electrical Safety to assist your company in increasing its Electrical Safety Culture. We have instructors available to come to your location and train your team.

Give us a call today to schedule an onsite training for your employees. For information on this contact contact Mariah Arnett, Occupational Safety Program Manager, at 801.746.SAFE (7233) or email [marnett@utahsafetycouncil.org](mailto:marnett@utahsafetycouncil.org).



## Team Safety

Learn how to build an effective safety team, or get the most from the team you've already got.

**Feb. 21, 2018 | 8 a.m. - 4 p.m.**  
Learn more at [UTAHSAFETYCOUNCIL.ORG](http://UTAHSAFETYCOUNCIL.ORG)

## HAZWOPER

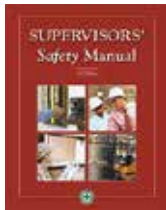
### 8-Hour Refresher Course 2018

**Feb. 15, 2018 | 7 a.m. - 4 p.m.**  
Learn more at [UTAHSAFETYCOUNCIL.ORG](http://UTAHSAFETYCOUNCIL.ORG)

# Product Picks

## Supervisors' Safety Manual 10<sup>th</sup> Edition

The Supervisors' Safety Manual presents the basic information first-line supervisors and team leaders need to meet their duties and responsibilities as safety leaders in their organizations.



**Member Price \$148.80**  
plus shipping

**Have the right resources at your fingertips!**

**BEST PRICE**

## Confined Spaces Handbook



Increase employees' retention of confined spaces training information.

**Member Price \$5.99**  
plus shipping

## HazCom Made Easier Handbook

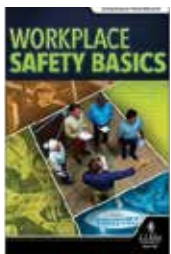
This handbook gives employees critical HazCom and GHS information to better ensure safety around hazardous chemicals.



**Member Price \$7.39**  
plus shipping

## Fall Protection for General Industry - Employee Handbook

**\$5.99**  
plus shipping



**Workplace Safety Basics - Employee Handbook**  
**\$5.99**  
plus shipping

## First Aid Kits



Basic First Aid Kit  
**Members: \$35**  
plus shipping

Deluxe First Aid Kit  
**Members: \$60**  
plus shipping

**Reduced Price**

## 2017 OSHA Manuals for General or Construction Industry

Compliance is made easier with these comprehensive manual. Use the quick-find index in the manual to quickly and easily access the information you need.



**\$25.00**  
plus shipping

**Call Today to Order**

**801.746.SAFE (7233) or**

**visit or website to see other additional products!**

**[www.utahsafetycouncil.org](http://www.utahsafetycouncil.org)**

# Are you getting the most out of your benefits?

The highlighted classes listed below **could be FREE** based on your membership level! For more information, please contact our office at [safety@UTAHSAFETYCOUNCIL.ORG](mailto:safety@UTAHSAFETYCOUNCIL.ORG) or by calling 801.746.SAFE (7233).

Date	February Courses	Member Discounted Price
February 1	Behavior Based Safety	\$115.50
February 2	Basic Orientation Plus	\$75
February 2	Forklift Operator Course	\$75
February 5	MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners	\$75
February 5	Seguridad 101	\$75
February 6	Contractor Safety Orientation (UITC)	\$75
February 6-9	Principles of Occupational Safety & Health (POSH)	\$1200.50
February 7	Bagels & Benefits	FREE
February 7-8	MSHA 16-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$175
February 7-9	MSHA 24-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$275
February 12	MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners	\$75
February 13	Contractor Safety Orientation (UITC)	\$75
February 13-14	OSHA 10-Hour Outreach Course for General Industry	\$95
February 14	Basic Orientation Plus	\$75
February 14	Women in Safety Presents: Understanding People, it's Easier Than You Think!	FREE
February 15	Hazwoper	\$147
February 16	First Aid, CPR and AED Training	\$63
February 20	Contractor Safety Orientation (UITC)	\$75
February 20	MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners	\$75
February 21-22	MSHA 16-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$175
February 21-23	MSHA 24-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$275
February 21	Team Safety	\$252
February 22	Qualified Signal/Rigger Course	\$203
February 26	MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners	\$75
February 27	Breakfast Safety Seminar	FREE
February 27	Contractor Safety Orientation (UITC)	\$75
February 27-Mar. 1	First Aid, CPR and AED Instructor Course	\$371
February 28	Basic Orientation Plus	\$75

Courses are held at the Utah Safety Council Training Center, 1574 West 1700 South, Salt Lake City. Register online at [UTAHSAFETYCOUNCIL.ORG](http://UTAHSAFETYCOUNCIL.ORG) or by calling our office at 801.746.SAFE (7233). **See complete course list online.**



## Women in Safety

**Understanding People, It Is Easier Than You Think!**

Presenters: Nicole Cunningham & Kimberly Giles

February 14, 2018 | 11:00 a.m. - 1:00 p.m. | Utah Safety Council Office



Learn more about our Women in Safety group at [UTAHSAFETYCOUNCIL.ORG](http://UTAHSAFETYCOUNCIL.ORG)



1574 West 1700 South  
Salt Lake City, UT 84104

ADDRESS SERVICE REQUESTED



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## Your Membership Benefits

- Streaming Safety Videos
- Safety Media Library
- Members Only Website
- NETS Membership
- OSHA 10-Hour
- First Aid, CPR and AED for Business Course
- Member Appreciation Events
- Breakfast Safety Seminars
- Discounts on Occupational Safety Training
- Health & Safety Fair Participation
- Family Safety & Health Magazine
- Monthly Publications and Email Updates
- Membership Recognition on Website
- Exclusive Discounts on Safety Products

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# Have you registered for our upcoming safety conference?

2018

Utah Safety  
Conference  
& Expo



Mar 5-6,  
2018

Mountain America Expo Center  
(formerly known as South Towne Expo Center)  
Salt Lake City, Utah

Learn more at [UTAHSAFETYCOUNCIL.ORG](http://UTAHSAFETYCOUNCIL.ORG)