



UTAH
Safety[™]
COUNCIL

Safety Notes

January 2018

Volume 37



**Wishing you a
Happy and Safe
New Year!**



MEMBERSHIP MINUTE

by Sadee Pistoia
Membership Manager

**Women in Safety
Understanding People,
It's Easier Than You Think!**

**February 14th
11:00-1:00**

If you are ready for consistent results, greater revenue and fewer people problems, Nicole and Kim are going to help you get started on changing the way you and your team feels, processes and behaves in every aspect of your work and personal lives through their 12 Shape Relationship System.

This 12 Shape Relationship System assists every relationship to achieve better functionality and productivity. Their life changing 'People Science' looks at the psychology, functionality and the behavior of people in a holistic way. This 'People Science' offers a new perspective to every relationship.

You won't want to miss this one!

Learn more about Women in Safety at UTAHSAFETYCOUNCIL.ORG

New Year's Message

With the start of a new year, I want to thank you for your membership and support of the Utah Safety Council. 2017 was a great year for us. Our staff participated in over 50 conferences and employee fairs and toured 24 member companies. The Utah Safety Council also gained over 120 new members last year. We hosted our first annual Safety Conference and Expo and it was a success because of all the support from our member companies! We continued to host some of our annual events, including the Crazy Pants Golf Tournament, Night Out with the Salt Lake Bees and our Annual Meeting and Awards Luncheon. All of our events were a success in part to your participation and support.

2018 will bring new opportunities and experiences that we are looking forward to sharing with our members. We look forward to continuing our partnership with all of you to make Utah a safer place to live and work.

Brandee Sommer
Vice President of Operations

Member Spotlight: Utah Labor Commission



In 1917, what is today called the Utah Labor Commission was created by the state Legislature. In the ensuing 100 years, the Labor Commission has undergone some changes, but its basic mission remains the same, achieving safety and fairness in Utah's workplaces.

The Utah Safety Council is a current participant in the Labor Commission's Workplace Safety Grant Program. It provides funds to help businesses, government, non-profit, and community organizations establish and implement initiatives to make their workplaces safer to reduce injuries and mitigate the financial impacts that stem from such incidents.

The grant enables the Utah Safety Council to conduct events and training and provide resources to member businesses and other entities around the state to achieve a safety-first culture at their facilities.

The Utah Labor Commission is pleased to work with the Utah Safety Council to make safety a priority for the state's workforce through its Workplace Safety Grant Program.

Now that we have “Fallen Back” to shorter days, Take Extra Care on The Road.



Shorter days, fatigue, compromised night vision, rush hour and impaired drivers all contribute to making driving at night more dangerous than any other time of day. In fact, the risk of a fatal crash is three times greater at night, according to the National Safety Council research.

With the end of Daylight Savings, many people found themselves spending more time driving in the dark. Depth perception, color recognition and peripheral vision can be compromised in the dark, and the glare of headlights from an oncoming vehicle can temporarily blind a driver.

Even with high-beam headlights on, visibility is limited to about 500 feet (250 feet for normal headlights) creating less time to react to something in the road, especially when driving at higher speeds.

Below are a few tips to drive safely at night.

- Aim your headlight correctly
- Take time to clean your headlight every time you fill up your gas tank
- Dim the light on your dashboard
- Don't look directly at oncoming headlights
- If you wear glasses, make sure they're anti-reflective
- Clean the windshield to eliminate streaks
- Slow down to compensate for limited visibility and reduced stopping time
- Always buckle up and increase your following distance from 3 to 4 seconds

For more information on this or other safe driving topics, contact Greg Royall, Traffic Safety Program Manager at 801.746.SAFE(7233) Ext 307 or email groyall@utahsafetycouncil.org.

January is National Radon Action Month

WHY IS RADON DANGEROUS?

Radon is responsible for

21,000
lung cancer deaths per year

58
DEATHS PER DAY

Radon Cannot Be

SEEN

SMELLED

FELT

Testing is the only way to determine the level of radon in your home and drinking water.

For more information about protecting your family from radon poisoning visit UTAHSAFETYCOUNCIL.ORG

Coaching the Emergency Vehicle Operator Ambulance Instructor Course



The Utah Safety Council offers a train-the-trainer program so you can become an instructor and keep your drivers trained.



Course covers safety at the emergency scene, intersections, vehicle inspections, positions and handling, cushion of safety and safe backing.

Please contact Kiu Tong, Emergency Care Program Manager, at 801.746.7233 ext.307, or by email at ktong@utahsafetycouncil.org with any questions.



UTAHSAFETYCOUNCIL.ORG



Silica Dust on your Mind Lately?

Crystalline Silica is one of the most abundant substances on earth and is most commonly found as sand or quartz, and used in construction materials including; concrete, bricks, rocks, and stones.

OSHA measures Silica by Permissible Exposure Limit (PEL) which is the maximum amount of silica to which a worker may be exposed to during an 8-hr shift of a 40 hour week. The current PEL for silica exposure for the construction industry is 250 micrograms per cubic meter of air. The new PEL limits worker exposure to 50 Micrograms per cubic meter of air. Many have been left with questions regarding the change in this ruling and where that leaves Utah employers.

We will be further discussing these changes, who will be affected, and understanding this new ruling in our January Breakfast Safety Seminar on:

January 31, 2018 7:30 a.m. - 9:00 a.m.

Or contact Mariah Arnett, at 801.746.7233 ext. 304 or email marnett@utahsafetycouncil.org

Questions? Need more information? Feel free to contact Mariah Arnett, Occupational Safety Program Manager, at 801.746.SAFE (7233) or email marnett@utahsafetycouncil.org.



Become a Forklift Trainer for Your Company

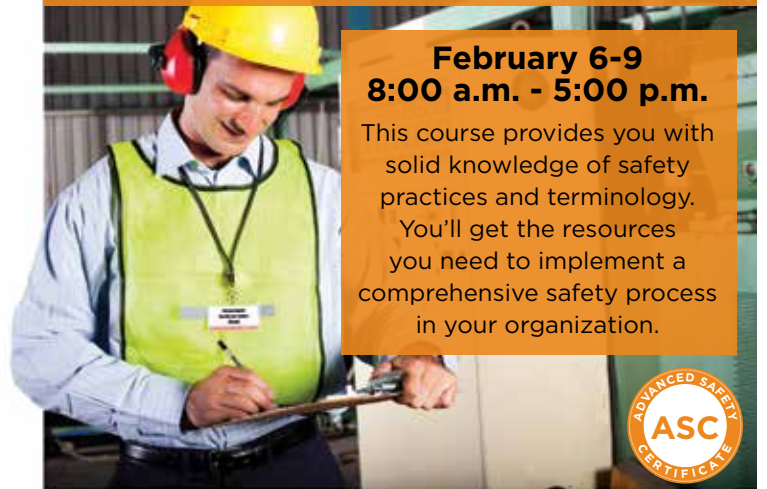
Attend our next Forklift Trainer Certification course:
January 18 | 8:00 a.m. - 5:00 p.m.

Learn more at UTAHSAFETYCOUNCIL.ORG

Principles of Occupational Safety & Health

**February 6-9
8:00 a.m. - 5:00 p.m.**

This course provides you with solid knowledge of safety practices and terminology. You'll get the resources you need to implement a comprehensive safety process in your organization.



Meet Our New Staff: Wayland

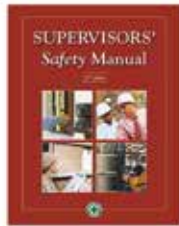
We are excited to introduce Wayland Holfeltz as our new Marketing Manager. He has over 15 years of experience in the printing/graphic design industry and graduated from Weber State University with a bachelor degree in Visual Communication (graphic design). Wayland was born in Australia, raised in Southern California and currently resides in Kaysville, Utah. When he is not working, he enjoys spending time with his family and out in the garden.



Product Picks

Supervisors' Safety Manual 10th Edition

The Supervisors' Safety Manual presents the basic information first-line supervisors and team leaders need to meet their duties and responsibilities as safety leaders in their organizations.



Member Price \$148.80

Call Today to Order
 801.746.SAFE (7233) or
 visit our web site to see other
 additional products!
www.utahsafetycouncil.org

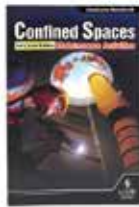
HazCom Made Easier Handbook

This handbook gives employees critical HazCom and GHS information to better ensure safety around hazardous chemicals.



Member Price \$7.39

Confined Spaces Handbook



Increase employees' retention of confined spaces training information.

Member Price \$5.99 plus shipping

2017 OSHA Manuals for General or Construction Industry

Compliance is made easier with these comprehensive manual. Use the quick-find index in the manual to quickly and easily access the information you need.



Reduced Price

\$25.00 plus shipping

Sustaining Members Marketplace



At Wasatch First Aid & Safety, your safety is our priority.

With over 17 years of health and safety experience, we have the knowledge and expertise to help our clients with their safety programs.

Utah Safety Council members will receive 20% off of all products, offered on top of our already low price guarantee. No need to buy new cabinets, we can reuse what you already have in place! Just mention you are a Safety Council member!

Learn more at www.wasatchfirstaid.com or feel free to contact us at service@wasatchfirstaid.com (for service) or jake@wasatchfirstaid.com (for sales).



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EMERGENCY CARE Safety



HOME & COMMUNITY Safety

Are you getting the most out of your benefits?

The highlighted classes listed below **could be FREE** based on your membership level! For more information, please contact our office at safety@UTAHSAFETYCOUNCIL.ORG or by calling 801.746.SAFE (7233).

Date	January Courses	Member Discounted Price
January 5	Recordkeeping: OSHA Compliance Series	\$112
January 8	MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners	\$75
January 8	Basic Orientation Plus	\$75
January 9	Contractor Safety Orientation (UITC)	\$75
January 10	Basic Orientation Plus	\$75
January 10-11	MSHA 16-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$175
January 10-12	MSHA 24-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$275
January 15	MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners	\$75
January 16	Contractor Safety Orientation (UITC)	\$75
January 17	Basic Orientation Plus	\$75
January 17	First Aid, CPR and AED Training	\$63
January 18	Forklift Trainer Certification Course	\$560
January 19	Slips, Trips, & Falls: OSHA Compliance Series	\$101.50
January 19	Basic Orientation Plus	\$75
January 22	MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners	\$75
January 22	Basic Orientation Plus	\$75
January 23	Contractor Safety Orientation (UITC)	\$75
January 23-24	OSHA 10-Hour Outreach Course for the Construction Industry	\$95
January 24	Basic Orientation Plus	\$75
January 24-25	MSHA 16-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$175
January 24-26	MSHA 24-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$275
January 24-27	MSHA 32-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$375
January 26	Traffic Safety Management Seminar	FREE
January 29	MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners	\$75
January 30	Contractor Safety Orientation (UITC)	\$75
January 30	Lockout/Tagout: OSHA Compliance Series	\$112
January 31	Basic Orientation Plus	\$75
January 31	Breakfast Safety Seminar	FREE

Courses are held at the Utah Safety Council Training Center, 1574 West 1700 South, Salt Lake City. Register online at UTAHSAFETYCOUNCIL.ORG or by calling our office at 801.746.SAFE (7233). **See complete course list online.**



Women in Safety

Understanding People, It Is Easier Than You Think!

Presenters: Nicole Cunningham & Kimberly Giles

February 14, 2018 | 11:00 a.m. - 1:00 p.m. | Utah Safety Council Office



Learn more about our Women in Safety group at UTAHSAFETYCOUNCIL.ORG



1574 West 1700 South
Salt Lake City, UT 84104

ADDRESS SERVICE REQUESTED



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Your Membership Benefits

- Streaming Safety Videos
- Safety Media Library
- Members Only Website
- NETS Membership
- OSHA 10-Hour
- First Aid, CPR and AED for
Business Course
- Defensive Driving Live Course
- Member Appreciation Events
- Breakfast Safety Seminars
- Discounts on Occupational Safety
Training
- Health & Safety Fair Participation
- Family Safety & Health Magazine
- Monthly Publications and Email
Updates
- Annual Awards & Luncheon
Banquet
- Membership Recognition on Website
- Exclusive Discounts on Safety
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Be an Early Bird - Register Now!

20
18

Utah Safety
Conference
& Expo



Mar 5-6,
2018

South Towne Expo Center
Salt Lake City, Utah

Learn more at UTAHSAFETYCOUNCIL.ORG