

# Safety Talk



These programs offered by the Utah Safety Council offer practical strategies to reduce collision related injuries and fatalities on Utah roadways.

## 5 MINUTE SAFETY TALK: TRAIN AND TRACK SAFETY

This safety talk can be used along with the corresponding PowerPoint presentation or on its own. The bolded items are additional pieces of information not included on the slides.

**Title Slide-** NETS: Train and Track Safety

**Slide 2**

Approximately every \_\_\_\_ hours, a person or vehicle is hit by a train.

**Slide 3- The Facts**

- Approximately every 3 hours, a person or vehicle is hit by a train.
- It takes the average freight train traveling at 55 mph more than a mile (the length of 18 football fields) to stop.
- The weight ratio of a car to a train is proportional to that of a soda can to a car.

**Slide 4- Train and Track Safety Tips**

- Never race a train. **Trains are closer and moving faster than you think.**
- Remember that trains cannot stop quickly. **As seen on the previous slide, it takes them the length of 18 football fields to stop.**
- Never drive around lowered gates. **It's illegal and lethal. If you believe the gate is not functioning properly, call the 1-800 number posted nearby or call local law enforcement.**

**Slide 5- Train and Track Safety Tips**

- Don't get trapped on the tracks. **Cross only if you can do so completely, and remember that the train is three feet wider than the tracks on both sides.**
- If your vehicle stalls on a track, get out immediately. **Run quickly and safely in the opposite direction that the train is traveling so that you do not get injured by flying debris should your car get hit.**
- Watch for multiple trains at a multiple track crossing.

**Slide 6- Train and Track Safety Tips**

- When crossing train tracks, do so at a designated crossing, look both ways, and cross without stopping.
- Always be alert; do not text, talk on your cell phone, use headphones, or engage in any other distractions.
- **ALWAYS EXPECT A TRAIN! They don't follow set schedules.**