

# Safety Fact Sheet



The Utah Safety Council cares about your safety outside of the work setting. We offer resources that keep you and your loved ones safe at home, at play and on the go.

## PLAYGROUND SAFETY

Playgrounds are fun way for kids to get some physical activity

National Playground Safety Week is a time to focus on children's outdoor play environments and keeping kids S.A.F.E. Here is a check list for you and your children before they head out the door.

**S**upervision is present, but strings and ropes are not. Adult supervision is needed to help watch for potential hazards, observe, and facilitate play when necessary. Make sure all strings or ropes on clothing are removed in case of accidental strangulation when caught on equipment.



All children play on **A**ge-appropriate equipment. Preschoolers aged 2-5 and children ages 5-12 are developmentally different and need different equipment located in separate areas to keep the playground safe and fun for all.

**F**alls to surface are cushioned. Nearly 70% of all playground injuries are related to falls to the surface. Acceptable surfaces include hardwood fiber/mulch, pea gravel, sand and synthetic materials such as poured in place, rubber mats or tiles. Playground surfaces should not be concrete, asphalt, grass, blacktop, packed dirt or rocks.

**E**quipment is safe. Check to make sure the equipment is anchored safely in the ground, all equipment pieces are in good shape, S-hooks are entirely hidden, bolts are not protruding, there are no exposed footings, etc.

For more information about playground safety visit <http://www.playgroundsafety.org>