



MEMBERSHIP MINUTE

by Sadee Pistoia
Membership Manager

Join us on August 18th as we celebrate the “Superheroes of Safety” at our Annual Meeting & Awards Luncheon. Member companies receive their first registration for free, and additional guests are \$30/each.

As we all know, students need supplies like Thor needs his hammer. Be a hero and bring a donation with you to the Annual Meeting and you’ll be entered in a gift basket raffle. Supplies will be distributed to Granite School District where 65% of students live below poverty guidelines. Please visit our website at UTAHSAFETYCOUNCIL.ORG for a list of suggested donations.

Donations may also be dropped off at the Utah Safety Council now through August 18th.

Meet Our New Staff: Veronica & Mariah

We are happy to announce two new staff members who have joined us in the last several months, Veronica Kitchens and Mariah Arnett. They both make great additions to our team and they are looking forward to working with all of you.

Veronica Kitchens joins us as our new Home & Community Program Manager. Veronica is an outdoor/fitness enthusiast. She loves social interactions, which fits perfectly with her new position within the community. Veronica graduated from the University of Utah and is a huge Utes fan, so you can catch her at all the home games!



Mariah Arnett is our Occupational Safety Program Manager. She graduated from Sacramento State University in 2010 with a Bachelors Degree in Occupational Health and Safety. Mariah is married with three daughters and she loves skiing, hiking, camping and exploring the mountains.

Member Spotlight: Trustco Insurance

Founded in 1973, Trustco has been around for a long time. They’ve sharpened our risk insight and know what being prepared looks like. Because being ready is not enough; you have to be prepared for what may come as well. Beyond risk management, there is a special kind of intelligence for thinking about uncertainty called Risk Intelligence. Transforming data into meaningful and useful information for risk analysis, treatment and planning purposes, is at Trustco’s core. The goal is to empower people and businesses with this risk intelligence and customize plans specific to their needs so they can protect and create value for themselves amid life’s uncertainties. Trustco has been a member of the Utah Safety Council since 1986.



Lighten the Load: Backpack Safety

If you've had concerns about the effects that extra weight might have on your child's still-growing body, your instincts are correct. Backpacks that are too heavy can cause a lot of problems for kids, like back and shoulder pain, and poor posture. This can lead to long term health consequences. The National Safety Council reports that the problem has grabbed attention of lawmakers in some states, who have pushed for legislation requiring school districts to lighten the load. The American Heart Association recommends a backpack weigh no more than 10 percent of a child's weight.



When selecting a backpack, look for:

- **An Ergonomic Design** – designed for efficiency and comfort.
- **The Correct Size** – never wider or longer than your child's torso and never hanging more than 4 inches below the waist
- **Padded Back and Shoulder Straps** – helps prevent sharp edges from digging into the back, while the padded shoulder straps will prevent digging into the shoulders
- **Hip and Chest Belts** – to help transfer some of the weight to the hips and torso
- **Multiple Compartments** – to better distribute the weight

For more safety tips, visit the Home and Community section of our website at UTAHSAFETYCOUNCIL.ORG.

Want to help a child in need this back-to-school season? We are currently collecting school supplies for Granite School District where 65% of students live below poverty guidelines. Visit our website for a list of suggested supplies to donate. Drop off donations at our office now through August 18th.



Did you know... **Defensive Driving course participants are 8x less likely to be involved in a traffic collision.**

Defensive Driving is:

- Taught by certified and experienced instructors
- Fast-paced, practical, and highly effective
- Developed to meet your driver improvement and safety needs

**Protect your employees!
Schedule an on-site course today**

For more information, contact Greg Royall, Traffic Safety Program Manager at 801.746.SAFE (7233) or email grovall@utahsafetycouncil.org



Teach Others How to Save a Life

Become a First Aid/CPR/AED Instructor for your company at our next training course:

August 8-10, 2017

Learn more at UTAHSAFETYCOUNCIL.ORG

Maximize Your Effectiveness as a Safety Manager

The National Safety Council offers an Advanced Safety Certificate (ASC), which is a nationally recognized safety curriculum and the Utah Safety Council can assist you in earning this certificate.

With an ASC you will learn to maximize your effectiveness as a safety leader and help establish best practices for your organization. Advance your career by demonstrating proficiency in the Occupational Safety and Health field.

The ASC goes beyond basic safety training. It develops critical thinking skills to effectively address safety issues. The courses are focused on empowering people to identify hazards and implement corrective actions. You can also help save your company money by gaining a better understanding of OSHA regulations.

Who could benefit from earning the Advanced Safety Certificate?

- Safety Managers
- Safety Committee Members
- Human Resource Managers
- Safety Coordinators/Specialists



Earn your ASC by taking Principles of Occupational Safety and Health (POSH) and 5.2 additional Continuing Educational Units (CEUs). POSH provides a solid foundation of knowledge of safety practices and the terminology. You'll get the resources you need to implement a comprehensive safety process in your organization. Our next POSH course is coming up on September 26-29. Learn more and register at UTAHSAFETYCOUNCIL.ORG.

Our Member Companies Celebrate National Safety Month

Thousands of organizations across the country participate in National Safety Month each June- including some of our member companies. We would like to recognize **Boeing**, **Sysco**, and **Cardinal Health** for their involvement during this annual observance.

At **Boeing**, site employees, in collaboration with the employee-led Go for Zero, team organized a Seat Belt Awareness Campaign. On selected days, employees volunteered to greet employees on their way out of the parking lot to remind them of the importance of wearing seat belts. At **Sysco**, each week a different department put up a display to represent that week's topic. Posters and 5-minute talks were sent out weekly with a topic word search. **Cardinal Health** conducted several safety activities throughout the month. They held multiple emergency drills, trainings, and safety-related games- including an entertaining PPE race!

During National Safety Month, employees not only gained some important information about safety both at work and at home, they had fun doing it. Thank you to all of the companies who participated.



Don't Miss These Upcoming Events



Join the Utah Safety Council for a **FREE** Member Appreciation Event:

Bowling for Safety

September 12, 2017
11:00 am - 1:00 pm
Fat Cats Salt Lake City
3739 South 900 East



Register now at UTAHSAFETYCOUNCIL.ORG. Two guests per company, please!

Women in Safety Presents:

PICNIC IN THE PARK



AUGUST 24TH 11:00 AM - 1:00 PM

SUGAR HOUSE PARK | FABIAN LAKESIDE PAVILION

Join us for a BBQ lunch and enjoy networking with other women in safety. Bring a friend that is NEW to the Women in Safety group and you will be entered to WIN a prize.

Are you getting the most out of your benefits?

The highlighted classes listed below **could be FREE** based on your membership level! For more information, please contact our office at safety@utahsafetycouncil.org or by calling 801.746.SAFE (7233).

Date	August Courses	Member Discounted Price
August 1	Contractor Safety Orientation (UITC)	\$75
August 2	Basic Orientation Plus	\$75
August 4	Forklift Trainer Certification	\$560
August 7	MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners	\$75
August 7	Basic Orientation Plus	\$75
August 8-10	First Aid, CPR and AED Instructor Course	\$371
August 8	Office Safety	\$101. ⁵⁰
August 9-11	MSHA 24-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$275
August 9-10	MSHA 16-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$175
August 11	Fire Extinguisher Training	\$45
August 14	MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners	\$75
August 15	Contractor Safety Orientation (UITC)	\$75
August 15	Lockout/Tagout: OSHA Compliance Series	\$112
August 16	Basic Orientation Plus	\$75
August 16	Reasonable Suspicion Drug & Alcohol Compliance Training for DOT Supervisor	\$65
August 18	Annual Meeting & Awards Luncheon <i>Members receive first registration for free</i>	
August 21	Basic Orientation Plus	\$75
August 21-22	OSHA 10-Hour Outreach Course for the Construction Industry	\$95
August 23	New Member Orientation	FREE
August 23-25	MSHA 24-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$275
August 23-24	MSHA 16-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$175
August 24	Women in Safety: Picnic in the Park	FREE
August 25	Forklift Operator Course	\$75
August 28	HAZWOPER 8-Hour Refresher Course	\$147
August 28	MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners	\$75
August 29	Contractor Safety Orientation (UITC)	\$75
August 29	FREE Traffic Safety Management Seminar	FREE
August 30	Basic Orientation Plus	\$75
August 30	First Aid, CPR and AED Training	\$63
August 31	FREE Breakfast Safety Seminar: Hazardous Waste	FREE

Courses are held at the Utah Safety Council Training Center, 1574 West 1700 South, Salt Lake City. Register online at UTAHSAFETYCOUNCIL.ORG or by calling our office at 801.746.SAFE (7233). **See complete course list online.**



1574 West 1700 South
Salt Lake City, UT 84104

ADDRESS SERVICE REQUESTED



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Your Membership Benefits

- Streaming Safety Videos
- Safety Media Library
- Members Only Website
- NETS Membership
- OSHA 10-Hour
- First Aid, CPR and AED for Business Course
- Defensive Driving Live Course
- Member Appreciation Events
- Breakfast Safety Seminars
- Discounts on Occupational Safety Training
- Health & Safety Fair Participation
- Family Safety & Health Magazine
- Monthly Publications and Email Updates
- Annual Awards & Luncheon Banquet
- Membership Recognition on Website
- Exclusive Discounts on Safety Products

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Join us **AUGUST 18**
for the Annual
**Meeting & Awards
Luncheon**

Celebrating the
SUPERHEROES OF SAFETY

Grand Ballroom, Little America Hotel
500 South Main Street, SLC
11:00 a.m. - 2:00 p.m.
Business Casual Attire

R.S.V.P. NOW at UTAHSAFETYCOUNCIL.ORG.
Members receive one registration for FREE

UTAHSAFETYCOUNCIL.ORG
801.746.SAFE (7233)

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