



UTAH
Safety™
COUNCIL

Safety Notes

June 2017

Volume 30



MEMBERSHIP MINUTE

by Erin Morris
Marketing Manager

As part of this year's Utah Workplace Safety Week, we will be hosting our next Women in Safety event on June 22. We will focus on workplace violence and active shooter training, but this isn't your usual experience!

We're excited to bring you an active shooter course taught by Sgt. Wyatt Webber from 9:00-11:00 a.m., followed by a hands-on self-defense training from 11:00-12:30 p.m. taught by Steve Manful. Lunch will be provided.

Bring your comfortable pants, loose fitting shirts, and a pair of socks and get ready to boost your confidence while networking with your favorite ladies.

Register today by going to UTAHSAFETYCOUNCIL.ORG.

Annual Night Out With the Salt Lake Bees

The Utah Safety Council is celebrating National Safety Month at the ball park! **Join us on June 9th for our Annual Safe Night Out with the Salt Lake Bees.** Be sure to invite your coworkers, family and friends to enjoy a great night.

The evening will be filled with safety education, prizes, a BBQ picnic option- plus a great baseball game! The first 2,000 fans will also receive a Bees beach towel as you enter the ball park, so be sure to arrive early.

First pitch is at 7:05 p.m. Purchase your discounted, reserved tickets today for only \$10 (regularly \$14). Picnic tickets are also available for purchase by going to our website. Use promotion code: SAFETY.

Member Spotlight: Orbital ATK

Orbital ATK is a global leader in aerospace and defense technologies company with approximately 12,500 people in 18 states and several international locations.



As a global leader in aerospace and defense technologies, Orbital ATK designs, builds and delivers space, defense and aviation-related systems to customers around the world. Products manufactured at our Propulsion Systems Division's Utah facilities include solid rocket motors used for commercial launch vehicles, strategic and defense programs for the U.S. military, and solid rocket boosters for NASA- including the five-segment solid rocket booster (the largest on the planet) for NASA's Space Launch System, which will enable human exploration missions to deep space.

Safety is Orbital ATK's most important value, and they strive for continuous improvement of their safety processes and procedures. Propulsion Systems Division has been a proud member of the Utah Safety Council since 1986.

Stayin' Alive - Quick Tips for Effective CPR

It's a beautiful summer day. The sun is out, the temperature is perfect, and you're taking a leisurely walk. Suddenly, your perfect day takes a 180° turn, and the person walking in front of you collapses. Will you ask yourself, "Now what?"

Are you going to freeze? Or are you going to act? Can you stay calm? And while you're thinking through all this, how much precious time are you using before you provide the victim with the help they desperately need?

According to the National Safety Council, the current survival rate for sudden cardiac arrest is less than 7%. You can dramatically improve those odds with training that prepares you to respond to choking, breathing and cardiac emergencies.



Here are some quick tips on how to provide efficient CPR:

1. Think of the Bee Gee's song, "Stayin' Alive." It has the perfect rhythm and beat for performing CPR. Hum along to it while performing CPR, and you're halfway there.
2. Make sure when you're pressing on the chest you let it go down, and ALL the way back up for full recoil.
3. Perform 30 chest compressions for every two breaths.

To learn more about providing efficient CPR, and First Aid, come to our First Aid, CPR and AED Training Course on June 21st and get certified! Go to UTAHSAFETYCOUNCIL.ORG to register or give us a call at 801.746.SAFE (7233).

Utah Workplace Safety Week: June 19-23

Here's How to Get Involved:

Monday, June 19:

Attend the kick-off press conference at Operating Engineers Training Center.

Tuesday, June 20:

Attend WCF's Safety Summit at the South Towne Expo Center.

Thursday, June 22:

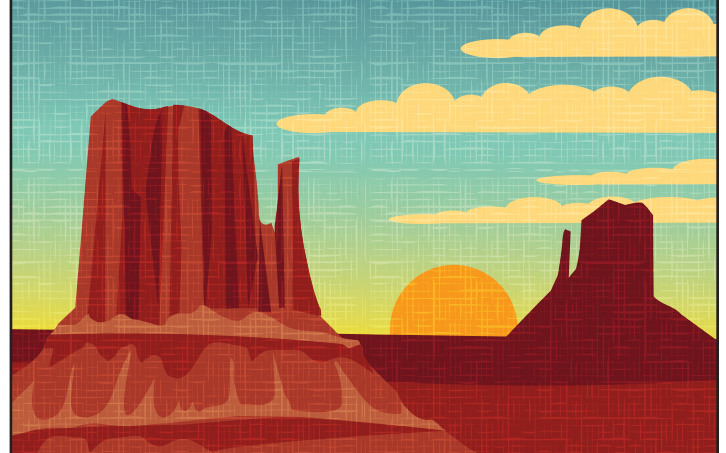
Ladies, attend the Utah Safety Council's Women in Safety Meeting featuring active shooter training & a hands-on self defense lesson.

Friday, June 23:

Attend the WCF Airport Safety Event- Details TBD.

Learn more at
UTAHSAFETYCOUNCIL.ORG

100 Deadliest Days:
the period between Memorial Day
and Labor Day when teen crash
fatalities historically climb.



Let's make 2017 the beginning of the road to ZERO.
Protect your family with free resources at
UTAHSAFETYCOUNCIL.ORG

June is National Safety Month

When you think of June, you may think of summertime, outdoor picnics, or vacations from work. Has safety ever come to mind when you think of June? The whole month of June is appointed as National Safety Month to focus on reducing leading causes of injury and death at work, on the road, and in our homes and communities.

This year's National Safety Month theme - Keep Each Other Safe - looks at how we can bring safety in the workplace back to our home and communities. Join Utah Safety Council, the National Safety Council, and thousands of organizations across the country as we work to raise awareness of what it takes to #KeepEachOtherSafe.

As part of National Safety Month, the National Safety Council has designated each week of June with a different safety topic to focus on. Here's the schedule for the month:

KEEP
• EACH OTHER •
SAFE

Weekly Schedule & Events

Week 1 (June 5-9): Stand Up to Falls

Week 2 (June 12-16): Recharge to Be In Charge

Focus Four Hazards in Construction course - June 14

Week 3 (June 19-23): Prepare for Active Shooters + Workplace Safety Week

FREE Women in Safety Meeting: Active Shooter + Hands-On Self Defense Training - June 22

Week 4 (June 26-30): Don't Just Sit There

FREE Breakfast Safety Seminar: Safety Training in a Diverse Workforce - June 28

BONUS WEEK: Drive Safely

Want to get your company involved? Go to our website at UTAHSAFETYCOUNCIL.ORG to download free resources for each safety topic. Just click the scrolling banner on our homepage to access it. You can distribute these resources to your employees and hold your own discussions to address these safety topics.

We'd love to see how you're celebrating National Safety Month! Snap a picture and send a short description to our Marketing Manager at emorris@utahsafetycouncil.org to be recognized on social media. Plus... there may be doughnuts included as a prize for the best picture of your National Safety Month celebration!

**Celebrate National Safety Month at Our Annual
 Night Out With the Salt Lake Bees**

Join us on **June 9th** at the Smith's Ballpark



Get Your Discounted Tickets at UTAHSAFETYCOUNCIL.ORG



OCCUPATIONAL Safety



TRAFFIC Safety

NATIONAL SAFETY MONTH 2017

ZERO

That's the number the National Safety Council is aiming for in our mission to eliminate preventable deaths. National Safety Month is here—join us in making **ZERO** a reality.



KEEP
• EACH OTHER •
SAFE



UTAH
Safety
COUNCIL



900010354 0217 © 2017 National Safety Council

Download free materials at UTAHSAFETYCOUNCIL.ORG

(just click the scrolling graphic on our homepage)



EMERGENCY CARE Safety



HOME & COMMUNITY Safety

Are you getting the most out of your benefits?

The highlighted classes listed below **could be FREE** based on your membership level! For more information, please contact our office at safety@utahsafetycouncil.org or by calling 801.746.SAFE (7233).

Date	June Courses	Member Discounted Price
June 2	Confined Spaces: OSHA Compliance Series	\$112
June 5	MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners	\$75
June 6	Contractor Safety Orientation (UITC)	\$75
June 6	Reasonable Suspicion Drug & Alcohol Compliance Training for DOT Supervisor	\$65
June 7-9	MSHA 24-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$275
June 7-8	MSHA 16-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$175
June 7-10	MSHA 32-Hour Training for New/Inexperienced Underground Miners	\$375
June 7	Office Ergonomics	\$101. ⁵⁰
June 9	Annual Night Out with the Salt Lake Bees - <i>Purchase Discounted Tickets on Our Website</i>	\$10
June 9	MSHA 8-Hour Annual Training for Experienced Underground Miners	\$75
June 12	MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners	\$75
June 13	Contractor Safety Orientation (UITC)	\$75
June 14	Focus Four Hazards in Construction	\$112
June 16	Safety Leadership and Responsibility	\$115. ⁵⁰
June 19	MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners	\$75
June 20	Contractor Safety Orientation (UITC)	\$75
June 21	First Aid, CPR and AED Training	\$63
June 21-23	MSHA 24-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$275
June 21-22	MSHA 16-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$175
June 23	Fire Protection: OSHA Compliance Series	\$112
June 28	FREE Breakfast Safety Seminar: Safety Training in a Diverse Workforce	FREE

Courses are held at the Utah Safety Council Training Center, 1574 West 1700 South, Salt Lake City. Register online at UTAHSAFETYCOUNCIL.ORG or by calling our office at 801.746.SAFE (7233). **See complete course list online.**

Don't Forget...Safety Award Applications Due July 7

Winners will be recognized at our Annual Meeting & Awards Luncheon on August 18

Applications were mailed to each member company.

You may also download the applications at UTAHSAFETYCOUNCIL.ORG



1574 West 1700 South
Salt Lake City, UT 84104

ADDRESS SERVICE REQUESTED



In This Issue

- Membership Minute
- Annual Night Out With the Salt Lake Bees
- Member Spotlight: Orbital ATK
- Stayin' Alive - Quick Tips for Effective CPR
- June is National Safety Month
- National Safety Month 2017
- Upcoming Training Courses

Your Membership Benefits

- Streaming Safety Videos
- Safety Media Library
- Members Only Website
- NETS Membership
- OSHA 10-Hour
- First Aid, CPR and AED for Business Course
- Defensive Driving Live Course
- Member Appreciation Events
- Breakfast Safety Seminars
- Discounts on Occupational Safety Training
- Health & Safety Fair Participation
- Family Safety & Health Magazine
- Monthly Publications and Email Updates
- Annual Awards & Luncheon Banquet
- Membership Recognition on Website
- Exclusive Discounts on Safety Products

NONPROFIT ORG.
U.S. POSTAGE
PAID
SALT LAKE CITY, UT
PERMIT NO. 4978

UTAHSAFETYCOUNCIL



SUBMIT YOUR SAFETY AWARD APPLICATIONS

Award recipients will be recognized at our
Annual Meeting & Awards Luncheon
August 18 | Little America Hotel



Applications available to download at
UTAHSAFETYCOUNCIL.ORG

UTAHSAFETYCOUNCIL.ORG
801.746.SAFE (7233)