

Safety Fact Sheet



These programs offered by the Utah Safety Council offer practical strategies to reduce collision related injuries and fatalities on Utah roadways.

WINTER DRIVING: MANAGING SKIDS

TO REDUCE THE RISK OF SKIDS:

- Adjust your speed to the conditions and increase following distances.
- Remember that bridges and overpasses can be more slippery than other parts of the road.
- If you begin to skid, remain calm, ease your foot off the gas and turn the wheel in the direction you want the car to go.
- Target the empty lane that you're trying to get to. Don't look at whatever pulled out or stepped out in front of you. Aim at the empty lane.
- Be gentle on steering and brakes.
- Never pump anti-lock brakes. Apply a steady firm pressure to the brake pedal.
- If you can see you're going to be hit from the rear, let off the brake to diminish impact, and move your head back into the head rest.