



## MEMBERSHIP MINUTE

by Sadee Pistoia  
Membership Manager

### Bagels & Benefits

Join us for Bagels & Benefits on December 19th from 7:30 a.m. to 9:00 a.m. at the Utah Safety Council office. This member orientation is for NEW and CURRENT members who would like to learn how to utilize their membership benefits.

Topics for the orientation will include:

- Membership benefits
- How to use the website
- Streaming safety videos
- Meet our staff

We hope to see you all there!  
Please register on our website at  
[UTAHSAFETYCOUNCIL.ORG](http://UTAHSAFETYCOUNCIL.ORG)

## Our Members Give Back

This Christmas, the Utah Safety Council is happy to spread the magic of the season by partnering with the Children's Justice Center, who provide a comfortable, child-friendly atmosphere where children and teens receive coordinated services during the child abuse investigative process. Over 3,200 children, teens, and family members walk through their doors every year.



We are asking you to join us by giving to this selfless organization. They are in need of stuffed animals, soft or fleece blankets, fun pens, and notepads.

Items can be dropped off at our office in Salt Lake City as late as December 19th. We are happy to pick them up from your office or organization. Visit our website for more information or contact Veronica Kitchens, our Home and Community Program Manager, at [vkitchens@utahsafetycouncil.org](mailto:vkitchens@utahsafetycouncil.org). Thanks for joining us in supporting the Utah Children's Justice Center this holiday season.

## Member Spotlight: Dominion Energy



Dominion Energy is one of the nation's largest producers and transporters of energy. Dominion Energy's portfolio includes 25,700 megawatts of electric generation, 15,000 miles of natural gas transmission, gathering, storage and distribution pipeline and 6,600 miles of electric transmission and distribution lines. They operate one of the largest natural gas storage systems in the U.S. and serve more than 6 million utility and retail energy customers. Safety is, and always has been, Dominion Energy's highest priority for both their employees and the public they serve. They set high safety standards and are committed to continuous improvement. Dominion Energy has been a member of the Utah Safety Council since 1986.

# Be Safe During Holiday Travels – Pack a First Aid Kit!

*Oh, the weather outside is frightful,  
and it's time for you to travel,  
And since the holidays are here,  
Let's be safe! Let's be Safe! Let's be Safe!*

Whether you're hosting a Christmas party, or going on a Christmas getaway, we want to remind you to stay safe during this holiday season. An easy way to do this is having a First Aid kit in your vehicle and in your home.

You never know what will happen – whether at home sitting around the fire place, or during your vacation at a favorite theme park, first aid emergencies can happen anytime, anywhere. Having a fully stocked first aid kit could make the difference in your life or those around you.

The Utah Safety Council offers both a Basic First Aid Kit or a Deluxe First Aid Kit, both were custom designed by safety professionals who use first aid supplies daily so that it's filled with materials you will actually use. Member price for a Basic First Aid Kit starts at \$35.00 each.

Please email [ktong@utahsafetycouncil.org](mailto:ktong@utahsafetycouncil.org) or visit our website at [www.utahsafetycouncil.org](http://www.utahsafetycouncil.org) to order yours today or if you have any other questions.

Stay Safe and  
Happy Holidays!




## The Scoop about Snow Shoveling

- Take it slow! Shoveling (like lifting weights) can raise your heart rate and blood pressure dramatically; so pace yourself.
- Shovel only fresh snow. Freshly fallen, powdery snow is easier to shovel than the wet, packed-down variety.

For more information visit [UTAHSAFETYCOUNCIL.ORG](http://UTAHSAFETYCOUNCIL.ORG)



**KNOW SNOW**

## Be Prepared for Winter Driving

The three P's of Safe Winter Driving:  
**PREPARE** for the trip; **PROTECT** yourself; and **PREVENT** crashes on the road

### Learn More About Utah Safety Council's Traffic Programs

- Alive at 25 Young Driver Course
- Defensive Driving (Online & Live)
- Defensive Driving Instructor Course

For more information visit [UTAHSAFETYCOUNCIL.ORG](http://UTAHSAFETYCOUNCIL.ORG)

# Safety Training is an Investment...Not a Lost Cost!

There's a direct relationship between an organization's safety training and its competitiveness, financial success and safety record. We offer a wide variety of safety courses, safety certificates and seminars, online streaming safety videos, and in-house safety videos available for checkout.

Employers who participate in the **National Safety Council's (NSC) Advanced Safety Certificate Program (ASC)** are rewarded with effective safety leaders that are well versed on proven best practices. The ASC curriculum is a step above basic safety training, those attending the ASC program learn how to become effective safety leaders.

## The Courses for the Advanced Safety Certificate are listed below:

### 2.6 CEUs - 4 DAY COURSES

- POSH- *required* course for ASC\*
- Fundamentals of Industrial Hygiene
- Safety Management Techniques
- Safety Training Methods

### 0.65 CEUs - 1 DAY COURSES

- Ergonomics
- Incident Investigation
- Job Safety Analysis
- Safety Inspections
- Team Safety

*\*POSH+ 5.2 CEU credits are required to receive the Advanced Safety Certificate.*

We offer a scholarship program for many of our courses. We invite you to apply today and get started on your safety training investment.

Questions? Need more information? Feel free to contact Mariah Arnett, Occupational Safety Program Manager, at 801.746.SAFE (7233) or email [marnett@utahsafetycouncil.org](mailto:marnett@utahsafetycouncil.org).

**Create a Positive Safety Culture with Safety Management Techniques**

**Dec. 12-15**  
Register now at [utahsafetycouncil.org](http://utahsafetycouncil.org)











## Safety Consulting Services








The Utah Safety Council's consulting services include, but are not limited to:

-  Walk-Through Evaluations
-  Safety Program Revision
-  Audits/Implementation Policy Development Assistance
-  Ergonomic Assessments

**Call Today! 801.746.SAFE (7233)**



For more information visit [UTAHSAFETYCOUNCIL.ORG](http://UTAHSAFETYCOUNCIL.ORG)

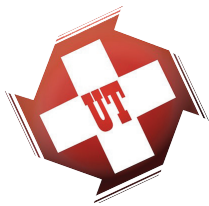




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With over 17 years of health and safety experience, we have the knowledge and expertise to help our clients with their safety programs.

**Utah Safety Council members will receive 20% off of all products**, offered on top of our already low price guarantee. No need to buy new cabinets, we can reuse what you already have in place! Just mention you are a Safety Council member!



Learn more at [www.wasatchfirstaid.com](http://www.wasatchfirstaid.com) or feel free to contact us at [service@wasatchfirstaid.com](mailto:service@wasatchfirstaid.com) (for service) or [jake@wasatchfirstaid.com](mailto:jake@wasatchfirstaid.com) (for sales).

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**Want to Reach a Larger Audience?**

Sustaining Members now have the option to advertise **HERE**.  
Showcase your company and reach more customers for **FREE**.

For details, contact Sadee Pistoia, Membership Manager, at 801.746.SAFE (7233) or  
email [spistoia@utahsafetycouncil.org](mailto:spistoia@utahsafetycouncil.org)



# Are you getting the most out of your benefits?

The highlighted classes listed below **could be FREE** based on your membership level! For more information, please contact our office at [safety@UTAHSAFETYCOUNCIL.ORG](mailto:safety@UTAHSAFETYCOUNCIL.ORG) or by calling 801.746.SAFE (7233).

Date	November Courses	Member Discounted Price
Nov 29-30	MSHA 16-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$175
Nov 29-Dec 1	MSHA 24-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$275
Nov 30-Dec 1	OSHA 10-Hour Outreach Course for General Industry	\$95
December 4	MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners	\$75
December 5	Contractor Safety Orientation (UITC)	\$75
December 5	Exit Routes, Emergency Action Plans and Fire Prevention Plans: OSHA Compliance Series	\$160
December 6	First Aid, CPR and AED Training	\$63
December 8	Basic Orientation Plus	\$75
December 8	Breakfast Safety Seminars- Temporary Worker Safety	FREE
December 11	Basic Orientation Plus	\$75
December 11	MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners	\$75
December 12	Contractor Safety Orientation (UITC)	\$75
December 12	Women in Safety	FREE
December 12-15	Safety Management Techniques	\$1200.50
December 13-14	MSHA 16-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$175
December 13-15	MSHA 24-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$275
December 13-16	MSHA 32-Hour Training for New/Inexperienced Underground Miners	\$375
December 15	MSHA 8-Hour Annual Training for Experienced Underground Miners	\$75
December 18	MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners	\$75
December 19	Bagels & Benefits	FREE
December 19	Contractor Safety Orientation (UITC)	\$75
December 20	Basic Orientation Plus	\$75

Courses are held at the Utah Safety Council Training Center, 1574 West 1700 South, Salt Lake City. Register online at [UTAHSAFETYCOUNCIL.ORG](http://UTAHSAFETYCOUNCIL.ORG) or by calling our office at 801.746.SAFE (7233). **See complete course list online.**



## Women in Safety

### Invest in Yourself

Presenter: Joy Glad

December 12<sup>th</sup>

11:30 a.m. - 1:00 p.m.

Utah Safety Council Office

### Members Give Back

The Utah Children's Justice Center

Bring items to donate

Needs - Stuffed Animals, Soft Blankets, Pens and Notebooks



Learn more about our Women in Safety group at [UTAHSAFETYCOUNCIL.ORG](http://UTAHSAFETYCOUNCIL.ORG)



1574 West 1700 South  
Salt Lake City, UT 84104

**ADDRESS SERVICE REQUESTED**



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**Your Membership Benefits**

- Streaming Safety Videos
- Safety Media Library
- Members Only Website
- NETS Membership
- OSHA 10-Hour
- First Aid, CPR and AED for  
Business Course
- Defensive Driving Live Course
- Member Appreciation Events
- Breakfast Safety Seminars
- Discounts on Occupational Safety  
Training
- Health & Safety Fair Participation
- Family Safety & Health Magazine
- Monthly Publications and Email  
Updates
- Annual Awards & Luncheon  
Banquet
- Membership Recognition on Website
- Exclusive Discounts on Safety  
Products

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**Be an Early Bird - Register Now!**

<b>2018</b>	<b>Utah Safety Conference &amp; Expo</b>	
		<b>Mar 5-6, 2018</b>

**South Towne Expo Center  
Salt Lake City, Utah**

**Learn more at UTAHSAFETYCOUNCIL.ORG**

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