



UTAH
Safety™
COUNCIL

Celebrating 80 Years of Safety

Safety Notes

July 2016

Volume 19



MEMBERSHIP MINUTE

by Sadee Pistoia
Membership Manager

The Utah Safety Council is looking forward to seeing you at this year's Annual Meeting and Safety Awards Luncheon. The Luncheon will be held on August 19th at the Little America Hotel in Salt Lake City.

Applications for awards have been mailed out, and they are also available on our website.

We look forward to recognizing all of the hard work that everyone has put in this past year.

Remember, the deadline for applications is July 1st.

Please feel free to call or email me with any questions at spistoia@utahsafetycouncil.org or 801.746.SAFE (7233).

Safety Through the Ages: 1980s

Are you familiar with the Right to Know Regulation from 1983? It is the Hazard Communication Standard (HCS) that gave both the worker and their communities the right to know which chemicals they may be exposed to and what hazards these chemicals may present.

Chemical manufacturers and importers are required to evaluate the hazards of the chemicals they produce or import and prepare labels and safety data sheets to convey the hazard information to their customers. All employers with hazardous chemicals in their workplaces must have labels and safety data sheets for their exposed workers and train these workers to handle the chemicals appropriately.

If you would like to learn more, join us for our next Hazard Communications course on October 31st from 8:00 a.m. to 1:00 p.m. Need the course sooner? We offer an on-site training option. For more details, visit UTAHSAFETYCOUNCIL.ORG or give us a call at 801.746.SAFE (7233).

Source: OSHA.Gov

About our Staff

Rachel Hiatt joined the Utah Safety Council staff in May as our new Home & Community Program Manager. Rachel recently graduated from BYU with a degree in Public Health. Rachel is an avid baseball fan and is looking forward to our Utah Safety Council night out with the Salt Lake Bees on August 5th.



When not at work, she enjoys taking her dog to the park, hiking to waterfalls, swimming, watching movies with her husband, and eating delicious food in San Antonio with her family.

We are excited to have Rachel join our team and encourage you to include the Utah Safety Council in your employee fairs and events. You can reach out to her at rhiatt@utahsafetycouncil.org for more information.

Avoiding Distractions While Driving

Compared to the 1980s, the world today moves even faster. As the years have passed, we have introduced many distractions into our daily life. Today, there are three main types of distractions that can affect drivers:

- **Visual Distraction** - Something that causes the driver to look away from the roadway.
- **Manual Distraction** - Something that causes the driver to take his or her hands off the steering wheel.
- **Cognitive Distraction** - Deep thought about something other than driving.



These distractions may not seem like a big deal because most people believe they can multitask, when we really cannot. When we think that we are multitasking, we are really taking our mind away from driving and the traffic around us to focus on something else. And each time, we increase the likelihood of becoming involved in a crash.

Sometimes it comes down to just a matter of seconds. Picture this: the car that you thought was three or four car lengths ahead has now just slowed or stopped. Now you have a split second for decision-making, and your mind is already clouded with distractions. At 55 MPH, it will only take you about 65.5 seconds to travel one mile. If it takes 4.6 seconds to view a text message, imagine driving the length of a football field blind during those seconds. It's a no-win situation for you, the other driver, and any pedestrians involved.

Drive smart and cut out the distractions. For free safety resources, visit the Traffic Safety section of our new website at UTAHSAFETYCOUNCIL.ORG.



Do you understand the risks of Heat Stress? Learn how to handle this emergency and others at our next First Aid, CPR and AED training:

July 13

8:00 a.m. - 4:00 p.m.

Non-member: \$90 | Member: Save 30%

Please register online at UTAHSAFETYCOUNCIL.ORG



Whether you light one sparkler or put on a spectacular show, remember these tips to keep things SAFE and FUN.

- Light fireworks one at a time, then keep a safe distance.
- Do not try to re-light malfunctioning fireworks.
- Never allow young children to handle fireworks.
- Keep a bucket of water or garden hose handy in case of an accident.
- Make sure fireworks are legal in your area.
- Douse all used fireworks with water to prevent a trash fire.

Don't forget to visit our Take Safety Home page at UTAHSAFETYCOUNCIL.ORG for more great information.

The Bhopal Gas Tragedy of 1984

When we think back to the 1980s, one significant event that many remember is the Chernobyl accident in 1986. However, many do not know about the Bhopal gas tragedy, which occurred in Bhopal, India in December of 1984.

In November of 1984, most of the safety systems at the Union Carbide India Limited (UCIL) pesticide plant were not functioning properly, many of the functioning pipes and valves were in poor condition, and the several cleaning portions of the system were out of service. On the night of December 2nd, a runaway reaction began and 30 metric tons of MIC escaped into the atmosphere. The toxic gases blew in a southeasterly direction during the night and, by morning, thousands of people had already died.

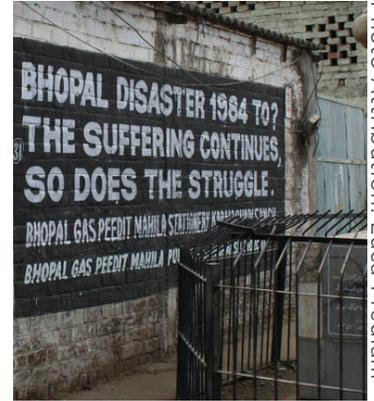


Photo Attribution: Luca Frediani

Many people believe that this tragedy was preventable, if only proper maintenance and inspection were conducted regularly at the plant. One of the ways we can prevent accidents like these is through conducting a job safety analysis. The goal is to identify potential hazards in any job function or process and stop a disaster before it starts.

For more information about how to identify potential hazards in your workplace, join us for our upcoming course:

Job Safety Analysis July 11th | 8:00 a.m. - 5:00 p.m.

Register online at UTAHSAFETYCOUNCIL.ORG. For more information, contact **Nicala Wood**, Occupational Program Manager at 801.746.SAFE (7233) or email nwood@utahsafetycouncil.org.

Safety Certificate Courses

-  Job Safety Analysis: July 11
-  Incident Investigation: A Management Approach: September 19
-  OSHA 10-Hour Outreach Course for General Industry: July 14-15
-  Confined Spaces: August 5
-  Lockout/Tagout: August 12
-  First Aid, CPR and AED for Business: July 13, August 3, September 14
-  Workplace Violence: July 8
-  Fire Extinguisher Training: July 22
-  Office Safety: August 11

Register Now: Office Safety

Come learn more about recordkeeping, emergency action plans and how you can have fewer accidents in the office!

August 11
8:00 a.m. - 12:00 p.m.
Non-member: \$145 | Member: Save 30%

Register online at UTAHSAFETYCOUNCIL.ORG. For more information, contact Nicala Wood at 801.746.SAFE (7233) or nwood@utahsafetycouncil.org.

Join us for Baseball & a Picnic August 5th!

Don't miss our 3rd Annual **Night Out with the Salt Lake Bees** on August 5th. The game starts at 7:05 p.m. We will also be serving a delicious picnic dinner before the game!

Get your discounted tickets now at UTAHSAFETYCOUNCIL.ORG. To receive the discount, enter the promotion code: **"SAFETY"**.



Product Picks

HazCom Made Easier Handbook



This handbook gives employees critical HazCom and GHS information to better ensure safety around hazardous chemicals.

Handbook Price: \$7.39

How do you motivate and encourage your staff?

Let us make your job easy with our “Serious about Safety” mugs.

You can even personalize our incentive mugs with your company logo!



Give Your Company the Power to Save a Life



Sudden Cardiac Arrest is the number one cause of death in the United States.

Prompt External Defibrillation with an Automated External Defibrillator (AED) is the known treatment for Sudden Cardiac Arrest. Is your company prepared?

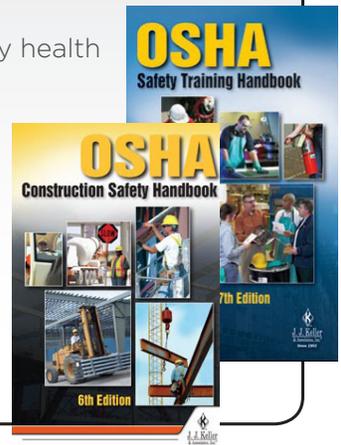
Give us a call for pricing information.

OSHA Safety Training Handbooks

Helping you review key health and safety topics!

Handbooks available for General Industry and Construction.

Price: \$10.50



NOW AVAILABLE 2016 OSHA Manuals for General or Construction Industry

Product # OSHA1910 (General Industry)
OSHA1926 (Construction Industry)

Member: \$35.00 | Non-Member: \$45.00 **plus shipping*

Compliance is made easier with these comprehensive manuals. Use the Quick-Find Index in the manual to quickly and easily access the information you need.



Be Prepared

Basic First Aid Kit
Member: \$35

Deluxe First Aid Kit
Member: \$60



For more information, or to place an order for any of the products listed above, please give our office a call at 801.746.SAFE (7233) or email safety@utahsafetycouncil.org.

Are you getting the most out of your benefits?

The highlighted classes listed below **could be FREE** based on your membership level! For more information, please contact Sadee at spistoia@utahsafetycouncil.org or by calling 801.746.SAFE (7233).

Date	July Courses	Member Discounted Price
July 6-8	MSHA 24-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$275
July 8	Workplace Violence Planning & Management	\$52. ⁵⁰
July 11	Job Safety Analysis	\$252
July 11	MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners	\$75
July 12	Contractor Safety Orientation (UITC)	\$75
July 13	First Aid, CPR and AED for Business	\$63
July 13	Qualified Signal/Rigger	\$203
July 14-15	OSHA 10-Hour for General Industry	\$95
July 18	HAZWOPER 8-Hour Refresher	\$147
July 18	MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners	\$75
July 19	Contractor Safety Orientation (UITC)	\$75
July 20-22	MSHA 24-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$275
July 22	Fire Extinguisher Training	\$45
July 27	Contractor Safety Orientation (UITC)	\$75
June 29	Breakfast Safety Seminar: Young Workers Safety	FREE

Date	August Courses	Member Discounted Price
August 1	MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners	\$75
August 2	Contractor Safety Orientation (UITC)	\$75
August 3	First Aid, CPR and AED for Business	\$63
August 5	Confined Spaces	\$112
August 8	Forklift Trainer Certification Course	\$560
August 10-12	MSHA 24-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$275
August 11	Office Safety	\$101. ⁵⁰
August 12	Lockout/Tagout	\$112
August 15	MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners	\$75
August 16	Contractor Safety Orientation (UITC)	\$75
August 17	Qualified Signal/Rigger	\$203

Courses held at the Utah Safety Council Training Center, 1574 West 1700 South, Salt Lake City. Register online at UTAHSAFETYCOUNCIL.ORG or by calling our office at 801.746.SAFE (7233). **See complete course list online.**



Save the Date!

33rd Annual Conference on Safety and Industrial Hygiene

October 12-14, 2016 | University of Utah



1574 West 1700 South
Salt Lake City, UT 84104

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Your Membership Benefits

- Streaming Safety Videos
- Safety Media Library
- Members Only Website
- NETS Membership
- OSHA 10-Hour
- First Aid, CPR and AED for Business Course
- Defensive Driving Live Course
- Member Appreciation Events
- Breakfast Safety Seminars
- Discounts on Occupational Safety Training
- Health & Safety Fair Participation
- Family Safety & Health Magazine
- Monthly Publications and Email Updates
- Annual Awards & Luncheon Banquet
- Membership Recognition on Website
- Exclusive Discounts on Safety Products

UTAH Safety COUNCIL
Celebrating 80 Years of Safety

Deadline: July 1st

Submit Your Safety Award Applications Now

Help us celebrate 80 years of safety!

Annual Meeting & Awards Luncheon
August 19, 2016 | Little America Hotel

R.S.V.P. now at UTAHSAFETYCOUNCIL.ORG