



UTAH
Safety™
COUNCIL

Celebrating 80 Years of Safety

Safety Notes

March 2016

Volume 15



MEMBERSHIP MINUTE

by Sadee Pistoia
Membership Manager

Recordkeeping Reminder

OSHA reminds employers of their obligation to post a copy of OSHA's form 300A, which summarizes job-related injuries and illnesses logged during 2015. The summary must be displayed in a common area where notices to employees are usually posted each year between Feb. 1 and April 30.

Businesses with 10 or fewer employees and those in certain low-hazard industries are exempt from OSHA recordkeeping and posting requirements.

For more information, feel free to contact me at 801.746.SAFE (7233) or email spistoia@utahsafetycouncil.org.

Safety Through the Ages: 1940s

The first half of the 1940s were consumed by the events of World War II and the Japanese attack on Pearl Harbor. The country was slowly coming out of the Great Depression with growth in agriculture and industry. Our transportation options were beginning to increase as the first multi-lane superhighways opened in Pennsylvania and California. The cars of the 1940s still had no seat belts, however, more individuals were becoming aware of the need for vehicles to become safer.

The first McDonalds opened in California, while Walt Disney released Pinocchio and Fantasia in the movie theaters. During this same decade, the first color television set was unveiled and the Ed Sullivan Show became a household name in homes all across the country.

Safety grew at a slow pace during the 1940s, and with wartime came more women entering the workplace. Companies began to identify ways to keep these new workers safer and still meet the production demands.

Women today play an important role in safety. Watch our newsletters in the coming months as we introduce a "Women in Safety" initiative to share topics and resources, and provide networking opportunities for women in the workplace.

About Our Staff

Cassie Henson is our Emergency Care Program Manager and just celebrated her 10 year anniversary with the Utah Safety Council! Cassie began her employment as our receptionist and moved into her current position in 2012, where she manages our First Aid, CPR & AED program. In her spare time, Cassie enjoys spending time with her son, meeting up with her friends, and living life to the fullest! She is always willing to help and is a real people-person.



For all of your first aid needs, please contact her at chenson@utahsafetycouncil.org.

Protect Your Family with Fire Safety Knowledge

The first smoke detector was invented in the early 1940s. It was years later that interest in this technology took off. Since then, fire safety knowledge and technology have evolved to an amazing degree. Today, we are seeing home fire sprinkler systems, emergency escape masks, smart escape systems, and water supply systems to help keep families safe in the event of a fire.

Though these new technologies are important for stopping fire from spreading in the home, the Utah Safety Council would like to offer some tips to prevent fires from starting in the first place.

- Store matches and lighters in locked cabinets.
- Blow candles out when you leave the room or go to bed.
- If you smoke, smoke outside.
- Purchase mattresses and sleepwear that meet federal flammability standards.
- Place space heaters at least three feet from any flammable object.



For more information, check out our other home safety resources online at UTAHSAFETYCOUNCIL.ORG under the Take Safety Home tab. **If you're interested in taking fire prevention a step further- don't forget about our next Fire Extinguisher Training Course on March 10th!** Give us a call for more information at 801.746.SAFE (7233).

Train Your Employees With a Defensive Driving Instructor of Your Own!

Sign up for our next Defensive Driving Instructor Course!

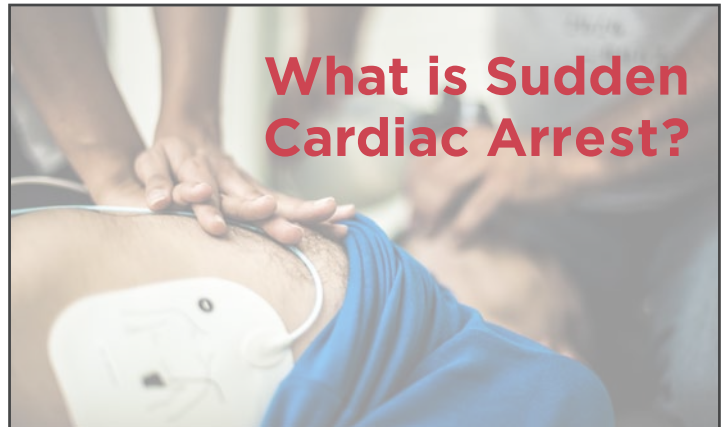
March 23-24, 2016

Member: \$360 | Non-Member: \$470

This course has been designed and developed to meet the driver improvement and safety needs and goals of your organization.

For more information contact **Jennifer Williams**, Traffic Safety Program Manager at 801.746. **SAFE** (7233) or email jwilliams@utahsafetycouncil.org.

What is Sudden Cardiac Arrest?



Learn from a first-hand responder: the differences between a heart attack and sudden cardiac arrest, and what steps are needed to help save a life.

Join us for our **FREE AED Breakfast Seminar on March 17, 2016 | 8:00 a.m. - 10:00 a.m.**

For further information or to register, contact **Cassie Henson**, Emergency Care Program Manager at chenson@utahsafetycouncil.org or at 801.746.**SAFE** (7233).

Workplace Violence Planning & Management

In 1940, Verlin Spencer, a disgruntled principal from South Pasadena Junior High school went on a violent rampage killing five of his colleagues and seriously wounding another. Like all mass attacks before and after this incident, the surrounding community was rattled for years to come.

Unfortunately, workplace violence still exists today, and with increased media attention, it seems even more common. According to OSHA, **nearly 2 million workers** report being victims of workplace violence each year.

In response to the growing attention of workplace violence, the Utah Safety Council has added a Workplace Violence Planning and Management course, reviewed and approved by the U.S. Department of Homeland Security.

The course will help participants increase their readiness and level of safety in the event of a violent act or emergency. Don't wait to prepare; it may be the difference between life and death. Register online at UTAHSAFETYCOUNCIL.ORG for our next course:

Workplace Violence Planning and Management
March 28, 2016 | 8:00 a.m. – 1:00 p.m.



Safety Certificate Courses

-  Office Safety Certificate
 - First Aid, CPR and AED for Business: Mar. 9, Apr. 15, May 18
 - Fire Extinguisher Training: Mar. 10
 - Workplace Violence Planning & Management Course: Mar. 28
-  Advanced Safety Certificate (ASC)
 - Safety Training Methods: Mar. 8-11
 - Safety Management Techniques: Apr. 5-8
-  Certificate in OSHA Compliance
 - Personal Protective Equipment: Mar. 18
 - OSHA 30-Hour Course for General Industry: Mar. 22-25
 - Welding, Cutting and Brazing: Mar. 29

Onsite Fire Extinguisher Training



We can come to you and train your employees how to properly use a fire extinguisher. They can get hands-on practice with our live fire simulator.

Call **Brooke Wahlquist**, Occupational Safety Program Manager, at 801.746.SAFE (7233) for a quote today!

OSHA 30-Hour Course for General Industry

March 22-25, 2016
Member: \$450 | Non-Member: \$575

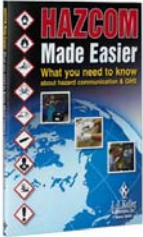
This OSHA 30-hour course covers OSHA standards for the General Industry, 29 CFR 1910. Curriculum helps establish a foundation for the company health and safety program.

Register online at UTAHSAFETYCOUNCIL.ORG or for more information, contact **Brooke Wahlquist** at 801.746.SAFE (7233).



Product Picks

GHS Made Easier Handbook



This handbook gives employees critical HazCom and GHS information to better ensure safety around hazardous chemicals.

Handbook Price: \$7.39

How do you motivate and encourage your staff?

Let us make your job easy with our "Serious about Safety" mugs.

You can even personalize our incentive mugs with your company logo!



Give Your Company the Power to Save a Life



Sudden Cardiac Arrest is the number one cause of death in the United States.

Prompt External Defibrillation with an Automated External Defibrillator (AED) is the known treatment for Sudden Cardiac Arrest. Is your company prepared?

Give us a call for pricing information.

Be Prepared for a Medical Emergency

Basic First Aid Kit

Member: \$35 | Non-Member: \$50

Deluxe First Aid Kit

Member: \$60 | Non-Member: \$75



FINAL SALE! 2015 OSHA Manuals for General Industry

Product # OSHA1910 (General Industry)

Member: ~~\$35.00~~ NOW: 25.00
Non-Member: ~~\$45.00~~ NOW: \$35.00



Compliance is made easier with these comprehensive manuals. Use the Quick-Find Index in the manual to quickly and easily access the information you need.

Mini Portable CPR Barrier

This CPR barrier has a one-way valve to prevent cross-contamination from mouth-to-mouth contact or nose-to-mouth contact. Latex free transparent barrier surface; use with adults or children.

\$3.25 each



For more information, or to place an order for any of the products listed above, please give our office a call at 801.746.SAFE (7233) or email safety@utahsafetycouncil.org.

Date	March Courses	Member Discounted Price
March 1	Contractor Safety Orientation (UITC)	\$75
March 2-4	MSHA 24-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$250
March 3	Qualified Signal/Rigger Course	\$200
March 4	NFPA 70E Electrical Safety	\$200
March 7	MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners	\$75
March 8	Contractor Safety Orientation (UITC)	\$75
March 8-11	Safety Training Methods	\$1,200
March 9	First Aid, CPR and AED for Business**	FREE**
March 10	Fire Extinguisher Training	\$45
March 14	Forklift Trainer Certification Course *St. George	\$560
March 15	Coaching the Emergency Vehicle Operator Course *St. George	\$350
March 15	Contractor Safety Orientation (UITC)	\$75
March 16-18	MSHA 24-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$250
March 17	AED Breakfast Safety Seminar**	FREE**
March 18	Personal Protective Equipment: OSHA Compliance Series	\$110
March 21	MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners	\$75
March 22	Contractor Safety Orientation (UITC)	\$75
March 22-25	OSHA 30-Hour Course for General Industry	\$450
March 23-24	Defensive Driving Instructor Course (DDC-4)	\$360
March 28	Workplace Violence Planning & Management Course	\$50
March 29	MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners	\$75
March 29	Welding, Cutting and Brazing: OSHA Compliance Series	\$110
March 30	Contractor Safety Orientation (UITC)	\$75
March 31	Safety Management Systems: Strategies for Business	FREE***

** Free member benefit course, as part of the Utah Safety Council membership. More details found online.

*** Free for two people, **per Contributing and Sustaining Member organization**, per membership year. Additional attendees from a member organization are \$110 each.

Courses held at the Utah Safety Council Training Center, 1574 West 1700 South, Salt Lake City. Register online at UTAHSAFETYCOUNCIL.ORG or by calling our office at 801.746.SAFE (7233). **See complete course list online.**



MSHA News Update:

Starting in February 2016, MSHA 24-Hour and 32-Hour training also includes First Aid, CPR and AED certification.

For more information, contact Sara Hernandez at 801.746.SAFE (7233) or email shernandez@utahsafetycouncil.org.



1574 West 1700 South
Salt Lake City, UT 84104

ADDRESS SERVICE REQUESTED

Just a reminder: our mailing address has recently changed (not our location). We're no longer living the "suite" life. See updated address above.



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Your Membership Benefits

- Streaming Safety Videos
- Safety Media Library
- Members Only Website
- NETS Membership
- OSHA 10-Hour
- First Aid, CPR and AED for Business Course
- Defensive Driving Live Course
- Member Appreciation Events
- Breakfast Safety Seminars
- Discounts on Occupational Safety Training
- Health & Safety Fair Participation
- Family Safety & Health Magazine
- Monthly Publications and Email Updates
- Annual Awards & Luncheon Banquet
- Membership Recognition on Website
- Exclusive Discounts on Safety Products

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Register Now!

2nd Annual Crazy Pants Golf Tournament

Join us May 20th at Thanksgiving Point- and don't forget to wear your **craziest** pants!

Register today at UTAHSAFETYCOUNCIL.ORG

For **sponsorship** information, contact **Sadee Pistoia** at 801.746.SAFE (7233) or email spistoia@utahsafetycouncil.org

Proceeds Benefit the Utah Safety Council's Home & Community Programs