



UTAH  
Safety™  
COUNCIL

Celebrating 80 Years of Safety

# Safety Notes

November 2016

Volume 23



## MEMBERSHIP MINUTE

by Sadee Pistoia  
Membership Manager

**Save the date!** Our next Women in Safety luncheon is coming up on November 9<sup>th</sup>. The luncheon will be held at the Utah Safety Council office, and will take place from 11:00 a.m. to 1:00 p.m. Lunch will be provided. This is a FREE event.

The topic will be First Aid Physical Therapy Programs. The presenters will be Tami Reynolds-Call and Diane McKenney from WorkAbility Centers and Heidi Harward from the Salt Lake City Department of Airports.

Please register online. For additional information, feel free to contact me at 801.746.SAFE (7233) or [spistoia@utahsafetycouncil.org](mailto:spistoia@utahsafetycouncil.org).

## Winter Driving Safety Tips

Winter is coming. With the cooler weather comes new challenges on the road. Cold weather will test the limits of your car's mechanical abilities, while treacherous conditions test your abilities as a driver. Here are five simple tips to help you stay safe this winter:

- Maintain your vehicle with full fluids, good tires, and new wipers.
- Plan ahead. Check your route in snowy conditions and prepare for the worst.
- Play it safe. Increase your following distance and slow your speed. Driving defensively can save your life and the lives of other drivers.
- Be prepared with extra warm clothing, a safety kit, boots, and blankets.
- Always stay in your car. If something happens, stay in your car and call for help. Other motorists could skid out of control and slide into you.

For free traffic safety resources, visit [UTAHSAFETYCOUNCIL.ORG](http://UTAHSAFETYCOUNCIL.ORG).

## Member Spotlight: IHI Environmental

IHI Environmental, a Terracon Company is an employee-owned consulting engineering firm providing quality services. Established in 1980, IHI Environmental provides industrial hygiene, occupational safety, and environmental consulting services to public and private sector clients across the western U.S.



The culture, systems, and structure enables them to excel in both small and large projects. By combining their national resources with specific local area expertise, they consistently overcome obstacles and deliver the results their clients expect.

IHI Environmental has been a member of the Utah Safety Council since 1985 and we appreciate all of their support over the years.

# Holiday Travel Tips - Staying Safe & Smart

Everyone knows that the holidays are the busiest time to travel- and they can also be one of the most dangerous. At the Utah Safety Council, we want your family to arrive safe and sound to enjoy all of those fun family memories.

Here are some tips to help your family travel safely this holiday season:

- **Check your car seats.** Experts estimate that nearly 75% of car seats are not used or installed correctly. When in doubt, get your seat checked by a certified technician. Call us at 801.746.SAFE (7233) to make an appointment this week!
- **Practice airplane safety.** Bringing your child's safety restraint may be a hassle, but safety is important no matter how you travel. Check the seat's label to see if it's "certified for use in motor vehicles and aircraft."
- **Use a booster.** If your child has outgrown their forward facing harness, they still aren't ready for a seat belt. They will be safest traveling in a booster seat that helps the seat belt fit properly.
- **Beware of projectiles.** You never know what road conditions may be like. Exercise extreme caution and put large items or hot foods in the trunk to reduce the possibility of projectiles.
- **Buckle up every ride, every time.** Traveling or not, everyone in the family needs to buckle up!



*Source: Safe Kids Worldwide*

If you're looking for more safety resources, please contact **Rachel Hiatt** at [rhiatt@utahsafetycouncil.org](mailto:rhiatt@utahsafetycouncil.org) or visit our Home & Community Safety page at [UTAHSAFETYCOUNCIL.ORG](http://UTAHSAFETYCOUNCIL.ORG).



Did you know... **Traffic crashes are the leading cause of death in the workplace.**

Defensive Driving Course participants are **8x less likely** to be involved in a traffic collision.

**Protect your employees by scheduling an on-site course today!**

For more information, contact **Greg Royall**, Traffic Safety Program Manager at 801.746.SAFE (7233) or at [groyall@utahsafetycouncil.org](mailto:groyall@utahsafetycouncil.org).

**Be thankful for life... learn how to save one!**



**Attend our next First Aid, CPR and AED Training course on November 10<sup>th</sup>.**

Register online at [UTAHSAFETYCOUNCIL.ORG](http://UTAHSAFETYCOUNCIL.ORG). We also offer on-site training! For more information, please contact Cassie Henson at [chenson@utahsafetycouncil.org](mailto:chenson@utahsafetycouncil.org) or by calling 801.746.SAFE (7233)

# Electrical Safety in the Workplace

Back in the early 1970s, Herman Willis VonCannon (the grandfather of our Occupational Safety Program Manager) was working at a company that manufactured woodworking machines in North Carolina. One day, he asked one of his co-workers if a certain machine was shut off so that he could do maintenance work. His co-worker reassured him that it was safe to work on, so Herman began his labor. Unfortunately, the co-worker was wrong, and the machine was still powered on.



During his work, he ended up touching a live wire and was flung back, hitting a nearby wall. The electricity had traveled through one arm and out through his opposite leg, leaving two holes in his foot and shoes. After he was flung back, he miraculously got up and kept working, saying that he felt just fine.

Later that evening, when Herman visited the hospital, the doctor was amazed that he was alive. They found out that the only reason he lived was because the electricity traveled through him between heartbeats.

Unfortunately, not everyone is that lucky when it comes to working with electricity. Compared to the 1970s, today there are many more training opportunities and resources to protect these workers. **Better protect yourself and your employees by signing up for our next Electrical Safety Course on November 7<sup>th</sup>.** Learn more and register at [UTAHSAFETYCOUNCIL.ORG](http://UTAHSAFETYCOUNCIL.ORG).

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**Become a Forklift Trainer for Your Company**



**Forklift Trainer Certification**  
November 17 | 8:00 a.m. - 4:00 p.m. | Register now!

**Safety Consulting Services**



By individually matching our safety consultants to each organization, our consulting program allows us to help companies implement safety programs & policies.

**Call today for a quote!**

For more information, contact Nicala Whitaker at 801.746.SAFE (7233) or email [nwhitaker@utahsafetycouncil.org](mailto:nwhitaker@utahsafetycouncil.org).

Official Sponsor



**Women in Safety Presents:**  
**First Aid Physical Therapy Program**

November 9<sup>th</sup> | 11:00 a.m. - 1:00 p.m.  
FREE for participants | Lunch will be provided

R.S.V.P. now at [UTAHSAFETYCOUNCIL.ORG](http://UTAHSAFETYCOUNCIL.ORG)



## Product Picks



### Reflective Parking Lot Sign

Encourage your employees to buckle up as they hit the road!

**Member: \$25.75**  
Non-Member: \$27.70

### HazCom Made Easier Handbook

This handbook gives employees critical HazCom and GHS information to better ensure safety around hazardous chemicals.



**Price: \$7.39**

### First Aid Kits

**Basic First Aid Kit**  
Member: \$35

**Deluxe First Aid Kit**  
Member: \$60



### AED Sales, Service, and Supplies



**Sudden Cardiac Arrest is the number one cause of death in the United States.**

Prompt External Defibrillation with an Automated External Defibrillator (AED) is the only known treatment for Sudden Cardiac Arrest. Is your company prepared?

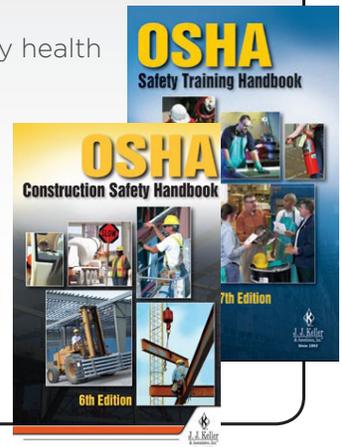
**Give us a call for pricing information.**

### OSHA Safety Training Handbooks

Helping you review key health and safety topics!

Handbooks available for General Industry and Construction.

**Price: \$10.50**



## END OF THE YEAR SALE!

### 2016 OSHA Manuals for General or Construction Industry

Product # OSHA1910 (General Industry)  
OSHA1926 (Construction Industry)

**Member: ~~\$35.00~~ \$25.00** | Non-Member: ~~\$45.00~~ **\$35.00** \*plus shipping

Compliance is made easier with these comprehensive manuals. Use the Quick-Find Index in the manual to quickly and easily access the information you need.



For more information, or to place an order for any of the products listed above, please give our office a call at 801.746.SAFE (7233) or email [safety@utahsafetycouncil.org](mailto:safety@utahsafetycouncil.org).

## Are you getting the most out of your benefits?

The highlighted classes listed below **could be FREE** based on your membership level! For more information, please contact Sadee at [spistoia@utahsafetycouncil.org](mailto:spistoia@utahsafetycouncil.org) or by calling 801.746.SAFE (7233).

Date	November Courses	Member Discounted Price
November 1	Contractor Safety Orientation (UITC)	\$75
November 2-4	MSHA 24-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$275
November 3-4	OSHA 10-Hour Outreach Course for General Industry	\$95
November 7	Electrical Safety: OSHA Compliance Series	\$112
November 7	MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners	\$75
November 8	Contractor Safety Orientation (UITC)	\$75
November 8	Breakfast Safety Seminar: Utah Labor Commission Seminar	FREE
November 9	Women in Safety: First Aid Physical Therapy Program	FREE
November 10	First Aid, CPR and AED Training	\$63
November 14-15	OSHA 10-Hour Outreach Course for Construction Industry	\$95
November 15	Contractor Safety Orientation (UITC)	\$75
November 16-18	MSHA 24-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$275
November 16-19	MSHA 32-Hour Training for New/Inexperienced Underground Miners	\$375
November 17	Forklift Trainer Certification Course	\$560
November 18	MSHA 8-Hour Annual Training for Experienced Underground Miners	\$75
November 18	Qualified Signal/Rigger Course	\$203
November 21	MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners	\$75
November 29	Contractor Safety Orientation (UITC)	\$75
Nov. 29 - Dec. 2	Safety Training Methods	\$1,200. <sup>50</sup>
Nov. 30 - Dec. 2	MSHA 24-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$275

Courses held at the Utah Safety Council Training Center, 1574 West 1700 South, Salt Lake City. Register online at [UTAHSAFETYCOUNCIL.ORG](http://UTAHSAFETYCOUNCIL.ORG) or by calling our office at 801.746.SAFE (7233). **See complete course list online.**

## Have you heard? There's a new conference in town!

20  
17

Utah Safety  
Conference  
& Expo



South Towne Expo Center • Salt Lake City, Utah • February 28 - March 1

Learn more & sign up for email updates at [UTAHSAFETYCOUNCIL.ORG](http://UTAHSAFETYCOUNCIL.ORG)



1574 West 1700 South  
Salt Lake City, UT 84104

**ADDRESS SERVICE REQUESTED**



## In This Issue

- Winter Driving Safety Tips
- Member Spotlight: IHI Environmental
- Holiday Travel Tips - Staying Safe & Smart
- Electrical Safety in the Workplace
- Product Picks
- Upcoming Training Courses

## Your Membership Benefits

- Streaming Safety Videos
- Safety Media Library
- Members Only Website
- NETS Membership
- OSHA 10-Hour
- First Aid, CPR and AED for Business Course
- Defensive Driving Live Course
- Member Appreciation Events
- Breakfast Safety Seminars
- Discounts on Occupational Safety Training
- Health & Safety Fair Participation
- Family Safety & Health Magazine
- Monthly Publications and Email Updates
- Annual Awards & Luncheon Banquet
- Membership Recognition on Website
- Exclusive Discounts on Safety Products

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# Our Members Give Back

Join the Utah Safety Council this holiday season as we partner with the Christmas Box House in Salt Lake City & Ogden.

We will be collecting donations to support the children at their emergency shelters.

Learn how you can help at  
[UTAHSAFETYCOUNCIL.ORG](http://UTAHSAFETYCOUNCIL.ORG)

