

Safety Fact Sheet



The Utah Safety Council cares about your safety outside of the work setting. We offer resources that keep you and your loved ones safe at home, at play and on the go.

BATHROOM SAFETY

Children should never be left unattended in the bathroom. They are at risk for drowning, scalds, poisonings and falls. Children can drown in a few seconds and in less than an inch of water. Scald burns occur when children are placed in water that is too hot or when they are left unsupervised.

To Prevent Drowning

- Never leave children alone in the bathroom, even for a few seconds.
- Place safety locks on all toilet lids.

To Prevent Scald Burns

- Set the water heater thermostat to 120 degrees Fahrenheit or less and consider installing anti-scald devices.
- Always test the water temperature before putting children in the bathtub or shower.
- Turn children away from the bathtub spout so they cannot turn on the faucet.

To Prevent Poisonings

- Lock all medicines, vitamins and cosmetics out of children's sight and reach.
- Always use child-resistant packaging.

To Prevent Falls

- Apply non-slip surfaces and install grab bars in the bathtub and shower.
- Secure bathroom rugs with non-slip backing.

To Prevent Electrical Burns

- Keep electrical appliances away from water and out of children's reach.
- Place covers over all electrical outlets.

To Prevent Cuts

- Keep sharp objects such as razors and scissors out of sight and reach of young children.
- Keep first aid supplies in a locked medicine cabinet