Safety Quiz



DISTRACTED DRIVING QUIZ

Are you focused when it comes to driving or are you caught up in distractions? Find out with this quiz!

- 1. Which of the following is true of texting?
 - a) It requires cognitive attention only.
 - b) It requires visual and manual attention but not cognitive.
 - c) It requires visual, manual, and cognitive attention.
 - d) It requires manual attention only.
- 2. True or false: Texting while driving makes you 23 times more likely to crash.
- 3. Which of the following is not a driving distraction?
 - a) Drinking coffee
 - b) Looking at a road map
 - c) Glancing in your rear-view mirror
 - d) Changing the radio station
- 4. How many people die each day from a distracted driving crash?
 - a) 10
 - b) 15
 - c) 20
 - d) 25
- 5. True or false: It's not dangerous to talk on a cell phone if you're using a hands-free device.
- 6. What should you not do as a means of preventing distracted driving?
 - a) Talk a lot with other passengers
 - b) Tell your friends and family to not call or text you when driving
 - c) Eat breakfast beforehand
 - d) Pull over to read maps or directions
- 7. True or false: You should pre-set navigation and audio systems before driving.

8. Of the distracted driving incidents in 2009, _____ injuries included cell phone use as the major distraction.

- a) 24,000
- b) 14,000
- c) 8,000
- d) 1,000



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These programs offered by the Utah Safety Council offer practical strategies to reduce collision related injuries and fatalities on Utah roadways.

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Answers

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- 1. c) It requires visual, manual, and cognitive attention.
- 2. True.
- 3. c) Glancing in your rear-view mirror
- 4. b) 15
- 5. False. It is still dangerous to talk using a hands-free device because your mind is somewhere else.
- 6. a) Talk a lot with other passengers
- 7. True
- 8. a) 24,000