



UTAH
Safety
COUNCIL

Safety Notes

May 2017

Volume 29



MEMBERSHIP MINUTE

by Erin Morris
Marketing Manager

Let's get CRAZY!

Who's ready for golf season? With all of the snow this winter, we definitely are! Join us for the 3rd Annual Crazy Pants Golf Tournament on May 19th at Thanksgiving Point.

There will be great raffle prizes, entertaining hole sponsors, and lots of CRAZY pants (plus an award for the craziest pair!).

Proceeds from this tournament support our Home & Community Program- including *Buckle Up For Love & Take Safety Home*. If you're not familiar with these programs, make sure you check them out on our website.

Don't wait- last year this event sold out! Register at UTAHSAFETYCOUNCIL.ORG.

Meet Our New Staff: Kiu & Corrine

We are excited to welcome two new staff members to our Utah Safety Council family. Kiu Tong is our new Emergency Care Program Manager, and Corrine Gutierrez is our new Membership Manager.

Kiu is funny, energetic, and dedicated. She was born in Hong Kong, and immigrated over to the United States when she was 11. Her goal each and everyday is to do her part well, and provide service and love to those around her.



With a diverse background in nonprofit work and project management, Corrine brings her knowledge and capacity for sustainable growth and innovation to the Utah Safety Council. She enjoys cycling, reading, engaging in her community, and adventuring with her partner and their rescue dog, Sofi Peligrosa.



Member Spotlight: Big West Oil

Located in North Salt Lake City, Big West Oil supplies fuel products to many select customers in seven western states. Their facility processes around 35,000 barrels each day.



Their mission is to be a top-tier refiner, marketer, and employer in the Rocky Mountain Region, focused on building lasting value through operational excellence, continuous improvement, and pursuit of internal and external growth opportunities.

Big West Oil has been a member of the Utah Safety Council since 1986. We appreciate their continued support and dedication to safety.

Just Keep Swimming

Summer is just weeks away and we know kids will be racing to hit the pool as soon as they can. However fun pool days are, we should never forget that it only takes mere seconds for a sunny day to go south.

For National Water Safety Month, we want to encourage you to take extra precautions by practicing the five survival skills below with all your family members!

Swim Survival Skills

1. Step or jump into water over your head and return to the surface.
2. Float or tread water for one minute.
3. Turn around in a full circle and find an exit from the water.
4. Swim 25 yards to the exit.
5. Exit from the water. If in a pool, be able to exit without using the ladder.



Nothing says, "I love you" more than making sure everyone gets through the summer safe and sound. If any of your children or family members can't pass these survival skills, sign them up for swim lessons. Beginner or not, all kids should refresh their skills before/during the summer. Also make sure to supervise with no distractions and fence or lock up water areas when not in use. And learn CPR- this is one skill you'll want to have when you need it.

For more summer safety tips, visit UTAHSAFETYCOUNCIL.ORG or contact Rachel Hiatt, Home and Community Program Manager at rhiatt@utahsafetycouncil.org.



National EMS Week is May 21-27

This week provides a great opportunity to say **THANK YOU** to these **frontline workers** who work so hard to protect our communities.

Help make their job easier with an AED in your workplace. Even with a first responder on the way, **an AED can mean the difference between life & death.**



Learn more at UTAHSAFETYCOUNCIL.ORG



Defensive Driving course participants are 8x less likely to be involved in a crash.

Our Defensive Driving course is:

- A fast-paced, practical, highly effective refresher course
- Developed to meet your driver improvement & safety needs
- Taught by certified & experienced instructors

Protect your employees & schedule a class today- **we can come to you!**

To schedule an on-site course, contact Greg Royall at 801.746.**SAFE** (7233).

OSHA General vs. Construction Industry

“OSHA General Industry or Construction Industry- what’s the difference?” This question has been asked many times, and it’s a good one.

Both the OSHA 10 General and Construction will cover electrical safety, fall protection, personal protective equipment, and the general function of OSHA. The two courses begin to differ with industry-specific topics. A construction course usually covers excavation safety, hand/power tool safety, ‘struck by’ hazards, and several other topics, while the general industry will usually cover ergonomics, exit routes, fire prevention, and hazard communication.



So which one should you attend? For some companies, it’s simple, but many others do a variety of projects that fall into both General and Construction Industry. You may want to send employees to both courses in such cases. OSHA provides guidance to which regulations you should follow, however it is up to the employer in the end. If you aren’t sure which guidelines to follow, a good rule of thumb is to follow the stricter rule.

Don’t forget our OSHA 10-Hour Construction Course on May 16-17. Member companies may send one person per membership year to this course for FREE. Give us a call for details or learn more at UTAHSAFETYCOUNCIL.ORG.



SAVE THE DATE: Annual Night Out With the Salt Lake Bees

Join us as we celebrate National Safety Month on **June 9th** at the Smith’s Ballpark.

Discounted tickets will be available soon!

Fingers, Hands and Eyes – Protect Them and be Wise



Register now for our next OSHA Compliance course:

Machine Guarding

May 12, 2017

8:00 a.m. - 1:00 p.m.

Learn more & register at UTAHSAFETYCOUNCIL.ORG

Submit Your Safety Award Applications Today

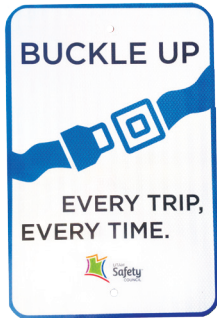
Winners will be recognized at our Annual Meeting & Awards Luncheon on August 18

Applications were mailed to each member company.

You may also download the applications at UTAHSAFETYCOUNCIL.ORG



Product Picks



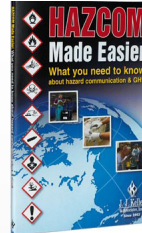
Reflective Parking Lot Sign

Encourage your employees to buckle up as they hit the road!

Member: \$25.75
Non-Member: \$27.70

HazCom Made Easier Handbook

This handbook gives employees critical HazCom and GHS information to better ensure safety around hazardous chemicals.



Price: \$7.39

First Aid Kits

Basic First Aid Kit
Member: \$35

Deluxe First Aid Kit
Member: \$60



AED Sales, Service, and Supplies



Sudden Cardiac Arrest is the number one cause of death in the United States.

Prompt External Defibrillation with an Automated External Defibrillator (AED) is the only known treatment for Sudden Cardiac Arrest. Is your company prepared?

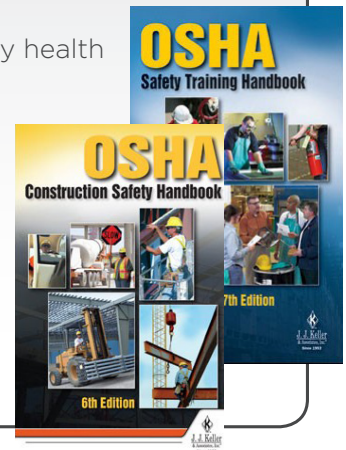
Give us a call for pricing information.

OSHA Safety Training Handbooks

Helping you review key health and safety topics!

Handbooks available for General Industry and Construction.

Price: \$10.50



NEW 2017 Edition OSHA Manuals for General and Construction Industry

Member: \$35 | Non-Member: \$50 *plus shipping

The 2017 Edition of the 1910 Manuals include the new Walking Working Surfaces Standard. Stay up-to-date by using the Quick-Find index in the manual to quickly and easily access the information you need.

To order, visit our website at UTAHSAFETYCOUNCIL.ORG or contact Nicala Whitaker at 801.746.SAFE (7233).



For more information, or to place an order for any of the products listed above, please give our office a call at 801.746.SAFE (7233) or email safety@utahsafetycouncil.org.

Are you getting the most out of your benefits?

The highlighted classes listed below **could be FREE** based on your membership level! For more information, please contact our office at safety@utahsafetycouncil.org or by calling 801.746.SAFE (7233).

Date	May Courses	Member Discounted Price
May 1	MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners	\$75
May 2	Reasonable Suspicion Drug & Alcohol Compliance Training for DOT Supervisor	\$65
May 2	Contractor Safety Orientation (UITC)	\$75
May 5	FREE Traffic Safety Seminar	FREE
May 8	Forklift Trainer Certification Course	\$560
May 9-11	First Aid, CPR and AED Instructor Course	\$370
May 9	Workplace Violence Planning & Management	\$52. ⁵⁰
May 10-12	MSHA 24-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$275
May 10-11	MSHA 16-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$175
May 12	Machine Guarding: OSHA Compliance Series	\$112
May 15	MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners	\$75
May 16	Contractor Safety Orientation (UITC)	\$75
May 16-17	OSHA 10-Hour Outreach Course for the Construction Industry	\$95
May 18	Forklift Operator Course	\$75
May 19	3 rd Annual Crazy Pants Golf Tournament	
May 23	Safety Inspections	\$252
May 24-26	MSHA 24-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$275
May 24-25	MSHA 16-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$175
May 25	FREE Breakfast Safety Seminar: Return to Work Programs	FREE
May 30	Contractor Safety Orientation (UITC)	\$75
May 30	MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners	\$75
May 31	First Aid, CPR and AED Training	\$63
Date	June Courses	Member Discounted Price
June 2	Confined Spaces: OSHA Compliance Series	\$112
June 5	MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners	\$75
June 6	Contractor Safety Orientation (UITC)	\$75
June 7	Office Ergonomics	\$101. ⁵⁰
June 7-9	MSHA 24-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$275
June 7-8	MSHA 16-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$175
June 7-10	MSHA 32-Hr New Miner- Underground	\$375

Courses are held at the Utah Safety Council Training Center, 1574 West 1700 South, Salt Lake City. Register online at UTAHSAFETYCOUNCIL.ORG or by calling our office at 801.746.SAFE (7233). **See complete course list online.**



1574 West 1700 South
Salt Lake City, UT 84104

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Your Membership Benefits

- Streaming Safety Videos
- Safety Media Library
- Members Only Website
- NETS Membership
- OSHA 10-Hour
- First Aid, CPR and AED for Business Course
- Defensive Driving Live Course
- Member Appreciation Events
- Breakfast Safety Seminars
- Discounts on Occupational Safety Training
- Health & Safety Fair Participation
- Family Safety & Health Magazine
- Monthly Publications and Email Updates
- Annual Awards & Luncheon Banquet
- Membership Recognition on Website
- Exclusive Discounts on Safety Products

UTAHSAFETYCOUNCIL.ORG
801.746.SAFE (7233)



Last Chance to Register!

3rd Annual Crazy Pants Golf Tournament

Join us May 19th at Thanksgiving Point- and don't forget to wear your **craziest** pants!

Register now at UTAHSAFETYCOUNCIL.ORG

Sponsorship opportunities available- visit our website to learn more or call 801.746.SAFE (7233).

Proceeds Benefit the Utah Safety Council's Home & Community Programs

UTAHSAFETYCOUNCIL