



MEMBERSHIP MINUTE

by Sadee Pistoia
Membership Manager

Women in Safety

Ladies! Make sure you mark your calendars for our April 6th meeting. This will be one you will NOT want to miss.

Karma Thomson, Vice President of Tesoro's Salt Lake City Refinery, will not only be hosting the meeting at Tesoro, but will also be presenting on "Leading Change."

We will start at 11:00 a.m. and end around 1:30 p.m. After the meeting, there will be an option for part of the group to participate in a tour of Tesoro.

Please feel free to call me with any questions at 801.746.SAFE (7233) or email spistoia@utah-safetycouncil.org.

Get Your CRAZY Pants Ready

Golf season will be here before you know it! Look forward to warmer days... register now for the 3rd Annual Crazy Pants Golf Tournament coming up on May 19th at Thanksgiving Point. Proceeds from the tournament benefit our Home & Community programs including *Buckle Up For Love* and *Take Safety Home*.

Want to showcase your company? We are now accepting registrations for hole sponsors and tournament sponsorships. Learn more and sign up by going to UTAHSAFETYCOUNCIL.ORG.

Last year, this tournament sold out, so make sure you register early! For more information and to register, visit our website and click the rotating banner.

Member Spotlight: Rocky Mountain Power

Rocky Mountain Power dates back to 1881, when Salt Lake City became the fifth city in the world to have central station electricity. Utah Power & Light (UP&L) was formed in 1912 from several small electric companies in Utah, Idaho and western Colorado.



At Rocky Mountain Power, they believe in their promise of public service: an obligation to deliver safe, reliable electricity at an affordable price in an environmentally sustainable way.

Rocky Mountain Power and their employees are committed to the communities they serve, providing valuable contributions in economic and community development, as well as social needs.

Thank you, Rocky Mountain Power, for partnering with the Utah Safety Council since 1986!

Can You Spot the Poison?

It's not always easy to spot a poison. In the photo to the right, can you tell what is candy and what is medication? Could you imagine how hard it would be for a child to spot the difference?

Did you know... children have higher poison exposure rates than adults, but adults have a higher death rate? That means it's important to address poison prevention for all ages! **National Poison Prevention Week is March 19-25th**, so what better time to learn more about these dangers?



To start, keep the **Poison Control number (1-800-222-1222)** in your phone and in an easy-to-spot area at home. Then, take your prevention skills one step further and share these tips with your family and friends:

- DO store cleaning products in their original containers so there is no confusion to anyone who sees them.
- DON'T refer to medicine as candy. Keep these and any other potential poisons up and away from children.
- DO talk with your doctor before taking anything in addition to your prescriptions. Even herbal medicines can be dangerous when inappropriately combined with something else.
- DON'T keep expired or unneeded medications. Clean out your medicine cabinet regularly.

We hope you find these simple poison prevention tips helpful and encourage you to learn more by visiting our website at UTAHSAFETYCOUNCIL.ORG.

What happens when you stop breathing?

At 4 minutes... brain damage sets in.
At 10 minutes... brain death can occur.



Learn more at our **FREE AED Breakfast Seminar March 21st from 8:00 - 10:00 a.m.**

Discounted AED packages available for attendees

Register online at UTAHSAFETYCOUNCIL.ORG



Be a Leader in Your Industry for Safe Driving

Register now for:
Defensive Driver Instructor Training
March 30-31

After taking this course, you will be able to train each of your employees in Defensive Driving- increasing your company's profitability by reducing insurance claims, time off work, and vehicle repairs due to car crashes.

Visit UTAHSAFETYCOUNCIL.ORG to learn more

Eyes on the Target: Vision Safety

Every day, more than 2,000 American workers suffer an eye injury, according to *Prevent Blindness America*. These injuries could be due to small particle abrasion in the eye, chemical splashing, UV radiation burns, cleaning products, and a myriad of other ways.

With so many eye injuries, **March has been deemed Workplace Eye Wellness Month** in order to raise awareness and take opportunities to educate. Here are some tips to keep your eyes on the target of safe vision:

- Have annual eye exams (or more frequently if your doctor prescribes)
- Always wear appropriate eye protection for your job functions
- Remember to take breaks if you stare at a computer screen for long periods of time
- Quit smoking (get off any form of tobacco)
- Look for ways to reduce or remove any eye hazards at work



For dust and other objects flying around at work, protective eyewear can be an effective way to prevent eye injury. **Learn more at our Personal Protective Equipment course coming up on March 24th** from 8:00 a.m. - 1:00 p.m. Go to our website to learn more and register for the course.

According to the 1926 standard, employers must use qualified riggers during hoisting activities.



Qualified Signal/Rigger Course
 March 6 | 8:00 a.m. - 4:00 p.m. | Register now!



Electrical Arcs can have temperatures of several thousand degrees.

Do you know the fundamentals of electrical safety? Register now for our upcoming course:

NFPA 70E Electrical Safety
 March 3 | 8:00 a.m. - 12:00 p.m.

Visit our website to learn more & register!

Official Sponsor 

Women in Safety Presents: Leading Change

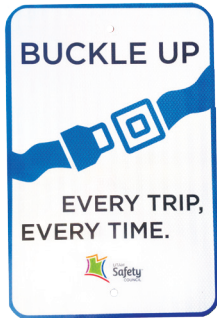
Presented by Karma Thomson, Vice President of Tesoro's Salt Lake Refinery

April 6th | 11:00 a.m. - 1:30 p.m.
 FREE for participants | Lunch will be provided



Space is limited. Register now at UTAHSAFETYCOUNCIL.ORG

Product Picks



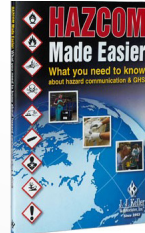
Reflective Parking Lot Sign

Encourage your employees to buckle up as they hit the road!

Member: \$25.75
Non-Member: \$27.70

HazCom Made Easier Handbook

This handbook gives employees critical HazCom and GHS information to better ensure safety around hazardous chemicals.



Price: \$7.39

First Aid Kits

Basic First Aid Kit
Member: \$35

Deluxe First Aid Kit
Member: \$60



AED Sales, Service, and Supplies



Sudden Cardiac Arrest is the number one cause of death in the United States.

Prompt External Defibrillation with an Automated External Defibrillator (AED) is the only known treatment for Sudden Cardiac Arrest. Is your company prepared?

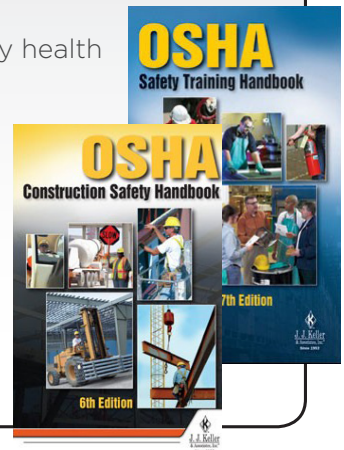
Give us a call for pricing information.

OSHA Safety Training Handbooks

Helping you review key health and safety topics!

Handbooks available for General Industry and Construction.

Price: \$10.50



END OF THE YEAR SALE- LAST CHANCE!

2016 OSHA Manuals for General Industry

Product # OSHA1910 (General Industry)

Member: ~~\$35.00~~ \$25.00 | Non-Member: ~~\$45.00~~ \$35.00 *plus shipping

Compliance is made easier with these comprehensive manuals. Use the Quick-Find Index in the manual to quickly and easily access the information you need.



For more information, or to place an order for any of the products listed above, please give our office a call at 801.746.SAFE (7233) or email safety@utahsafetycouncil.org.

Are you getting the most out of your benefits?

The highlighted classes listed below **could be FREE** based on your membership level! For more information, please contact Sadee at spistoia@utahsafety-council.org or by calling 801.746.SAFE (7233).

Date	March Courses	Member Discounted Price
Feb. 28 - Mar. 1	2017 Utah Safety Conference & Expo	\$200
March 3	NFPA 70E Electrical Safety	\$203
March 6	MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners	\$75
March 6	Qualified Signal/Rigger	\$203
March 7	Contractor Safety Orientation (UITC)	\$75
March 7	Workplace Violence Planning & Management	\$52. ⁵⁰
March 8-10	MSHA 24-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$275
March 8-9	MSHA 16-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$175
March 10	Fire Extinguisher Training	\$31. ⁵⁰
March 13	MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners	\$75
March 14	Contractor Safety Orientation (UITC)	\$75
March 14-17	OSHA 30-Hour Course for General Industry	\$451. ⁵⁰
March 15	First Aid, CPR and AED Training	\$63
March 21	Contractor Safety Orientation (UITC)	\$75
March 21	FREE AED Breakfast Seminar	FREE
March 22-24	MSHA 24-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$275
March 22-23	MSHA 16-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$175
March 22-25	MSHA 32-Hour Training for New/Inexperienced Underground Miners	\$375
March 22	Safety Management Systems: Strategies for Business	\$112
March 24	Personal Protective Equipment: OSHA Compliance Series	\$112
March 24	MSHA 8-Hour Annual Training for Experienced Underground Miners	\$75
March 27	MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners	\$75
March 28	Contractor Safety Orientation (UITC)	\$75
March 28-31	Safety Training Methods	\$1,200. ⁵⁰
March 30-31	Defensive Driving Instructor Course (DDC-4)	\$364

Courses are held at the Utah Safety Council Training Center, 1574 West 1700 South, Salt Lake City. Register online at UTAHSAFETYCOUNCIL.ORG or by calling our office at 801.746.SAFE (7233). **See complete course list online.**



1574 West 1700 South
Salt Lake City, UT 84104

ADDRESS SERVICE REQUESTED



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Your Membership Benefits

- Streaming Safety Videos
- Safety Media Library
- Members Only Website
- NETS Membership
- OSHA 10-Hour
- First Aid, CPR and AED for Business Course
- Defensive Driving Live Course
- Member Appreciation Events
- Breakfast Safety Seminars
- Discounts on Occupational Safety Training
- Health & Safety Fair Participation
- Family Safety & Health Magazine
- Monthly Publications and Email Updates
- Annual Awards & Luncheon Banquet
- Membership Recognition on Website
- Exclusive Discounts on Safety Products

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Register Now

3rd Annual Crazy Pants Golf Tournament

Join us May 19th at Thanksgiving Point- and don't forget to wear your **craziest** pants!

Register now at UTAHSAFETYCOUNCIL.ORG

Sponsorship opportunities available- visit our website to learn more or call 801.746.SAFE (7233).

Proceeds Benefit the Utah Safety Council's Home & Community Programs

