



MEMBERSHIP MINUTE

by Sadee Pistoia
Membership Manager

I wanted to thank everyone that attended the “Beyond my Wildest” Women in Safety event on October 20th. Listening to Peggy Larsen speak was a privilege. What an amazing story she shared about finding strength through tragedies. Thank you, Peggy, for taking the time to share your story!

Watch for upcoming Women in Safety events. This group meets every other month with new topics each time. We would love to see you there.

Learn more about the group at UTAHSAFETYCOUNCIL.ORG.

For more information, please feel free to reach out to me at spisotia@utahsafetycouncil.org or 801.746.SAFE (7233).

Preparing for the Future

For the last 80 years, the Utah Safety Council has been a leading provider of safety training and products to protect workers and their families. Our membership is the foundation of everything we do. Our training programs are developed to meet your needs today and in the future.

Over the last three years, we have looked for opportunities to enhance your membership benefits by increasing the number of free classes and trainings, offering additional member events for networking, increasing the number of free attendees for select classes, and adding two hours of free consulting services to our Sustaining Membership level.

To continue building upon our past and in preparing for our future, we are announcing a price increase for our membership program. The following will be effective January 1, 2018:

Level	Previous Fee	Proposed Fee
General (1-99 employees)	\$200	\$225
General (100 plus employees)	\$300	\$325
Contributing	\$500	\$550
Sustaining	\$1,000	\$1,100

This is our first price increase in 15 years. We believe that there is a strong value in your membership and with the additional resources, the Utah Safety Council will continue to grow and enhance our membership program.

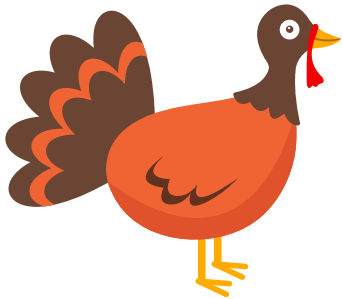
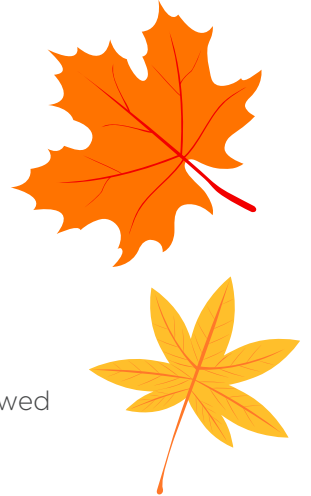
We value your continued relationship with us and we appreciate you as a member. Please let us know if you have any questions or comments by reaching out to us at 801.746.SAFE (7233) or emailing rhamson@utahsafetycouncil.org.

Let's Talk Turkey: Thanksgiving Food Safety

The largest meal you will cook this year is typically for Thanksgiving. Getting it just right, especially the turkey, can bring a lot of pressure.

Here are some safety tips to help reduce some of the pressure and ensure that your Thanksgiving meal is delicious and safe to serve.

- **Thaw Your Turkey:** Thaw turkeys in the refrigerator, in a sink of cold water that is changed every 30 minutes, or in the microwave. Never thaw your turkey by leaving it out on the counter.
- **Cook Your Turkey:** Set the oven temperature to at least 325°F. Place the completely thawed turkey with the breast side up in a roasting pan that is 2 to 2-1/2 inches deep.
- **Store Your Food:** Refrigerate food within two hours.
- **Consume Leftovers:** Thanksgiving leftovers are safe for four days in the refrigerator.
- **Reheat Sauces:** Bring sauces, soups and gravies to a rolling boil when reheating.
- **Store Turkey:** When storing turkey, cut the leftovers in small pieces so they will chill quickly.



Always practice food safety and remember to not wear loose-fitting clothing or leave the stove unattended. If possible, keep kids and pets away from the cooking area. We wish you a happy and healthy Thanksgiving!

For more FREE home safety resources, visit the Home & Community section on our website at UTAHSAFETYCOUNCIL.ORG.

Protect the Ones You Love



Complete our First Aid, CPR, and AED training and learn how to prevent and react to an emergency.

November 15, 2017
8:00 a.m - 4:00 p.m

Register online at UTAHSAFETYCOUNCIL.ORG



Don't let your child become a statistic.

Help protect your teenager & register them for our Alive at 25 defensive driving course today.

Alive at 25[®]

Register online at UTAHSAFETYCOUNCIL.ORG

Plan. Prepare. Be Aware.

Is your company prepared for the next natural disaster? Be ready for an unexpected emergency by having a preparedness plan in place for your company.

If you have 10 or more employees, you are required to have an Emergency Action Plan (EAP) in place under OSHA Standard 1910.38. We invite you to **learn more about EAPs on December 5th at our next OSHA Compliance Course on Exit Routes, Emergency Action Plans and Fire Prevention Plans.**

For simple tips to assist you in completing your EAP, visit OSHA.gov. Here's what they simplify the standard to include:

- **Plan.** Be prepared by having an evacuation plan. Make sure you include a safe meeting spot.
- **Equip.** Make sure your company has emergency kits.
- **Train.** Make sure all workers know what to do if an emergency arises.
- **Exercise.** Set up a company-wide drill so that employees can practice each kind of evacuation- just like you did in elementary school!



Utah is earthquake country and is seismically active. Much of Utah's population is concentrated along the most hazardous areas prone to earthquakes. Other natural disasters we are at risk of include: severe winters, floods, wildfires, tornados, landslides and avalanches.

We encourage you to take your Emergency Action Planning a step further by creating one for your home and family members. **We will be discussing personal disaster preparation at our next Breakfast Safety Seminar on November 28th.** Register today at UTAHSAFETYCOUNCIL.ORG - don't forget, members attend for free!

Questions? Need more information? Feel free to contact Mariah Arnett, Occupational Safety Program Manager, at 801.746.SAFE (7233) or email marnett@utahsafetycouncil.org.

Use Your FREE Member Course





OSHA 10-Hr Course for General Industry Nov. 14-15
or
OSHA 10-Hr for Construction Industry Nov. 30-Dec. 1

Members may send one person per membership year to one of these courses for FREE. Additional attendees are \$95/each.

Register now at UTAHSAFETYCOUNCIL.ORG



Improve Your Safety Program with Safety Training Methods

Join us for the next course:
November 7-10

Register now at UTAHSAFETYCOUNCIL.ORG



At Wasatch First Aid & Safety, your safety is our priority.

With over 17 years of health and safety experience, we have the knowledge and expertise to help our clients with their safety programs.

Utah Safety Council members will receive 20% off of all products, offered on top of our already low price guarantee. No need to buy new cabinets, we can reuse what you already have in place! Just mention you are a Safety Council member!

Learn more at www.wasatchfirstaid.com or feel free to contact us at service@wasatchfirstaid.com (for service) or jake@wasatchfirstaid.com (for sales).



Want to Reach a Larger Audience?

Sustaining Members now have the option to advertise **HERE**.
Showcase your company and reach more customers for **FREE**.

For details, contact Sadee Pistoia, Membership Manager, at 801.746.SAFE (7233) or
email spistoia@utahsafetycouncil.org

Are you getting the most out of your benefits?

The highlighted classes listed below **could be FREE** based on your membership level! For more information, please contact our office at safety@utahsafetycouncil.org or by calling 801.746.SAFE (7233).

Date	November Courses	Member Discounted Price
November 2	Advanced Safety & Health Management Systems	\$119
November 3	Electrical Safety: OSHA Compliance Series	\$112
November 3	Forklift Trainer Certification	\$560
November 6	MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners	\$75
November 7	Contractor Safety Orientation (UITC)	\$75
November 7-10	Safety Training Methods	\$1,200. ⁵⁰
November 8-10	MSHA 24-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$275
November 8-9	MSHA 16-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$175
November 8	Basic Orientation Plus	\$75
November 13	MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners	\$75
November 14	Contractor Safety Orientation (UITC)	\$75
November 14-15	OSHA 10-Hour for Construction Industry	\$95
November 15	First Aid, CPR and AED Training	\$63
November 17	Basic Orientation Plus	\$75
November 20	Basic Orientation Plus	\$75
November 20	MSHA 8-Hour Annual Training for Experienced Metal/Non-Metal Surface Miners	\$75
November 21	Contractor Safety Orientation (UITC)	\$75
November 28	Basic Orientation Plus	\$75
November 28	FREE Breakfast Safety Seminar: Personal Disaster Preparation	FREE
Nov. 29 - Dec. 1	MSHA 24-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$275
November 29-30	MSHA 16-Hour Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$175
Nov. 30 - Dec. 1	OSHA 10-Hour for General Industry	\$95

Courses are held at the Utah Safety Council Training Center, 1574 West 1700 South, Salt Lake City. Register online at UTAHSAFETYCOUNCIL.ORG or by calling our office at 801.746.SAFE (7233). **See complete course list online.**



andevor 
Official Sponsor

Have you heard about Women in Safety?

In 2016, the Utah Safety Council created a Women in Safety group to provide a new resource for women to discuss the topics and challenges facing their industry.



Learn more about our Women in Safety group at UTAHSAFETYCOUNCIL.ORG



1574 West 1700 South
Salt Lake City, UT 84104

ADDRESS SERVICE REQUESTED



In This Issue

- Membership Minute
- Preparing for the Future
- Let's Talk Turkey: Thanksgiving Food Safety
- Plan. Prepare. Be Aware.
- Member Advertising
- Upcoming Training Courses

Your Membership Benefits

- Streaming Safety Videos
- Safety Media Library
- Members Only Website
- NETS Membership
- OSHA 10-Hour
- First Aid, CPR and AED for Business Course
- Defensive Driving Live Course
- Member Appreciation Events
- Breakfast Safety Seminars
- Discounts on Occupational Safety Training
- Health & Safety Fair Participation
- Family Safety & Health Magazine
- Monthly Publications and Email Updates
- Annual Awards & Luncheon Banquet
- Membership Recognition on Website
- Exclusive Discounts on Safety Products

UTAHSAFETYCOUNCIL.ORG
801.746.SAFE (72333)

NONPROFIT ORG.
U.S. POSTAGE
PAID
SALT LAKE CITY, UT
PERMIT NO. 4978

Be an Early Bird - Register Now!

20
18

Utah Safety
Conference
& Expo



Mar 5-6,
2018

South Towne Expo Center
Salt Lake City, Utah

Learn more at UTAHSAFETYCOUNCIL.ORG